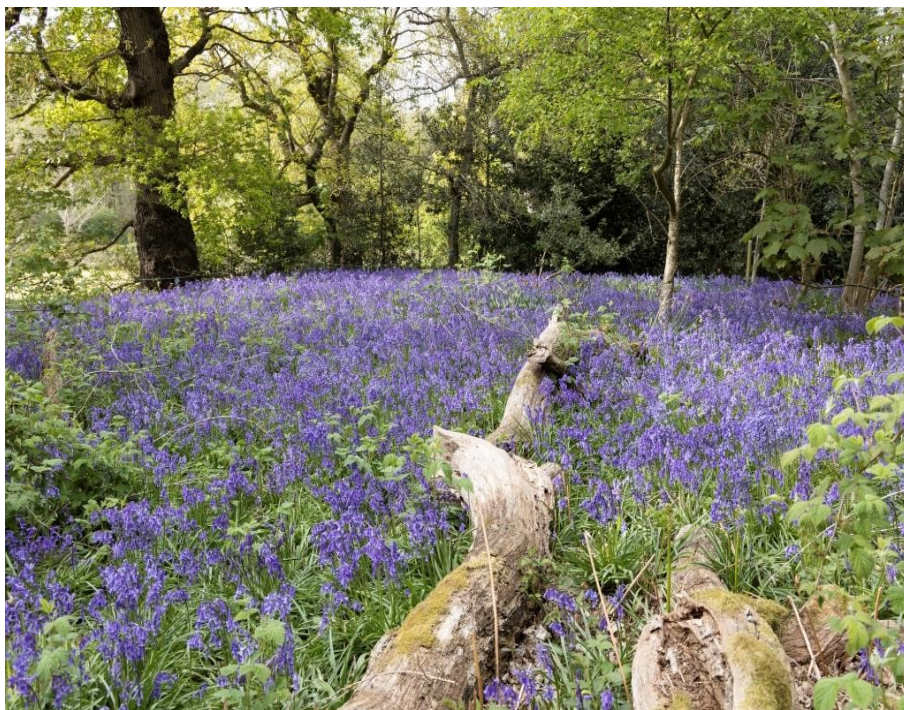


The Salhouse Saga



Village Magazine and Newsletter



Spring 2025

Issue 124

WE ARE TAKING ON NEW PATIENTS

DR HARITHA PENNINTI
DR ADNAN REHMAN
DR DANIELE VIOLET
MISS ANNA FRASER
STINE GOMMESEN



Contact us:

01603 782885

info@hovetondentalclinic.co.uk

www.hovetondentalclinic.co.uk

Well established private practice offering:

- Routine general dentistry
- Hygienist appointments
- Emergency appointments
- Cosmetic treatments
- Dental implants
- Endodontic treatment (root canal)
- Invisalign
- Monthly payment plans

**Our practice is easily accessible (one level
bungalow) with onsite parking.**



Front Cover: Springtime bluebells in the woods at Salhouse Broad

Photo: Gemma Hampton

Contents

Local & Village Reports

Editorial.....	4
From the Parish Council	6
Police Beat Officer	9
County and District Councillors	10
Friends of Salhouse School.....	12
Salhouse United Charities	12
Wroxham Flower Club	14
Hoveton and Wroxham Med.Centre.....	18
From the Rectory	20
Salhouse Primary School	26
Rackheath WI.....	28
Wroxham Library.....	30
Salhouse Reading Group	32
From the Churchwarden	33
Team Salhouse	42
Salhouse Community Events Team	45
Salhouse Broad Ranger	48
1st Salhouse Beavers and Cubs	52
1st Salhouse Scout Troop	54
1st and 2nd Salhouse Brownies	55
Icení Basketball	56
Jubilee Hall Committee.....	61
Afternoon Tea and Mardle	62
Salhouse and District Gardening Club	63
Salhouse Station Group.....	64
Wroxham and Hoveton Lions	65
Community Speedwatch	69

Information

Village Information	2-3
Parish Councillors/Meetings	8-9
Salhouse Garage Sale.....	17
Church Services	21
Voluntary Community Transport.....	41
Defibrillators - Locations & Instructions	68
Useful Contacts List	71

Articles and Features

Kev's Brainbuster Quiz	5
In Memoriam—Keith Holt	13
Fibre Broadband in Salhouse	27
Garden Centre Update	36
Spring Gardening	50
Waterwitch	51
Quiz Answers.....	69

Salhouse Saga

is published three times per year. It is delivered free to all households in the Parish of Salhouse, and is produced entirely by volunteers, including editorial, publication and distribution. Printing is covered by the advertising revenue, and any surplus will be donated to local causes. An online version is also available at:

www.salhousepc.info/services&amenities

Printed by HD Print of Ware, Herts SG12 9BA

**PLEASE SUPPORT OUR
ADVERTISERS, BECAUSE THEY
SUPPORT US!!**

Advertise your business locally in the Salhouse SAGA

If you would like to advertise your business in the magazine please contact

Richard Flatters

Telephone: 0755 22 33 527

flatters798@btinternet.com

Advertising Rate per single issue:

Full Page: £35 b&w / £55 colour

Half Page: £20 b&w / £30 colour

Quarter Page: £10 bw / £15 colour

Editor: Colin McCormick
Telephone: (01603) 721229
E-mail: colinmccormick@talk21.com

Advertising: Richard Flatters
Telephone: 0755 22 33 527
E-mail: flatters798@btinternet.com

Distribution: Pauline Garner (and the Delivery Team)
Telephone: (01603) 721201
E-mail: pauline@mps29.plus.com

Next Edition of the SAGA

An early reminder that the next edition of the Salhouse Saga will be Issue 125, Summer 2025.
Copy deadline Monday June 30th

Editor's views are not necessarily those of the contributors. E&OE



At the Jubilee Hall unless otherwise specified

Guides (1st Salhouse)
Monday 6.30 -8.00 pm

**Brownies
(1st Salhouse)**
Tuesday 5.45 - 7.15 pm
1stsalhousebrownies@gmail.com

**Brownies
(2nd Salhouse)**
Tuesday 3.45—5.15pm
Contact: - Natalie Archer:
01603 927166
2ndsahousebrownies@gmail.com

Rainbows
Tuesday 5.30-6.30pm
salhouserainbows1@gmail.com

Cubs and Beavers
Cubs -
Wednesday 6.00 - 7.30pm
Beavers -
Wednesday 4.45 - 5.45pm
Contact: Jackie Rose:
01603 712520
jackierose@talktalk.net

Scouts
Thursday 7.00 — 9.00pm
Contact: - Simon Hill
Salhousescouttroup@gmail.com

Ping Pong (table tennis)
Tuesdays 10am—12.00
Friday eves 7.00-8.30pm
£3.00 Incl. refreshments
Contact - Jennifer
Hemmings 01603 720826
rghemmings555@btinternet.com

**Salhouse and District
Gardening Club**
3rd Tuesday of the month
7.30pm at Woodbastwick
Village Hall
Nick Taylor :
01603 720165

Tea and Mardle
2nd Weds of the month
2.00—4.00pm
Julie Redburn
01603 720049

**Salhouse Reading
Group**
1st Thurs of the month at
7.00pm
Julie Redburn
01603 720049

Pilates
Fridays 9—10am
Jo Buckley
07554 780591

Zumba Gold
Every Thursday at 10am
Sarah Chow
07717 723713



**Hoveton & Wroxham
Medical Centre**
01603 782155
Out of Hours—111

All Saints Church
Rector:
Revd Darleen Plattin
The Rectory,
56 Green Lane West,
Rackheath NR13 6PG
01603 720966
darleenplattin@btinternet.com

Church Warden:
James Watts
07814 292579
payne2174@yahoo.co.uk

**Salhouse VC Primary
School**
01603 720402
office@salhouse.norfolk.sch.uk

**Friends of Salhouse
School (FOSS)**
Contact: Jodie Wardle /
Jenny Cushing:
07709317186
foss2019@yahoo.com

Salhouse Broad
Ranger: Kelly Banthorpe:
01603 722775
theranger@salhousebroad.org.uk

**Jubilee Hall
(Management)**
Martin Carney:
07808 097924

Salhouse United Charities
Pauline Garner (Secretary)
01603 721201



Parish Council

Parish Clerk
Sarah Martin

Tel: 07761 480102
clerk.salhousepc@gmail.com
website:www.salhousepc.info

District Councillors

Martin Murrell:

07958 393059
cllr.martin.murrell@
southnorfolkandbroadland.gov.uk

Fran Whymark:

07907163123
cllr.fran.whymark@broadland.gov.uk

County Councillor

Fran Whymark:

07907163123
fran.whymark.cllr@norfolk.gov.uk



VILLAGE SERVICES

Mobile Post Office

Jubilee Hall Car Park
Wednesdays 12.30—1.30pm

Mobile Library

*The Mobile Library visits
Salhouse on Tuesdays every 4
weeks at the following
locations and times*

3.55/4.15 Cheyney Ave,
outside 81

4.20/4.40 Farman Close, No2

Doctors Surgery

The Surgery at the Village Hall
has been suspended indefinitely.



POLICE

EMERGENCY 999
NON EMERGENCY 101
Ask for

PC 855 Al Jennings
BEAT MANAGER
Thorpe St Andrew
Safer Neighbourhoods
Team
Norfolk Police H.Q.:
01953 424242

NHS EMERGENCY 999
NON EMERGENCY 111
N & N Hospital
01603 286286

GAS ESCAPE

Ring Freephone
0800 111 999

WATER OR SEWAGE

Call Anglia Water on
08457 145 145

FLOOD REPORTING

[www.Norfolk.gov.uk/
safety/floods/report-a-
flood](http://www.Norfolk.gov.uk/safety/floods/report-a-flood)

ELECTRICITY

Call 24 hours a day on
105 or 0800 31 63 105



Recreation Ground,
Thieves Lane, Salhouse

Contact: - CHAIRMAN
Ethan Simpson:
07939595247



Quiz Night

14th March 2025
Jubilee Hall, 7.30pm

FOSS Garage Sale

27th April 10am-1pm

SAILFEST

All Day, 12th July
Salhouse Broad

JUBILEE HALL
BOOKINGS
Contact : Pat Barnes
01603 720466
Bookings taken
Mon - Fri: 9am - 6pm
Sat: 9am - 12noon

**DATES, TIMES AND
CONTACT DETAILS ARE
CORRECT TO THE BEST
OF OUR KNOWLEDGE.**

**PLEASE DO NOT
ATTEND ANY EVENT
LISTED WITHOUT
CHECKING WITH THE
ORGANISER**

**ANY CHANGES PLEASE
INFORM THE EDITOR SO
THAT INFORMATION
CAN BE UPDATED**

PARISH NOTICE BOARDS

Right hand section is
open to public to post
notices (A5 size
preferred)

Left hand section for
Parish Council
notices only

From the Editor

Dear Readers,

Welcome to the Spring 2025 issue of Salhouse Saga. It's been a long dreary winter, without even the distraction of a sustained spell of ice and snow to liven things up. The village seems to have been plagued by road closures, which are ongoing, these are in some cases for repairs and in some cases for new infrastructure. Whilst they are necessary, many seem to be badly managed with inadequate information about where, or when, closures are likely to take place. However, surely there must be some benefit for us?

The ubiquitous lime green barriers going up is a sign that 'City Fibre' are at work, bringing eventually a complete fibre optic network to every household. Some homes have already been connected, and on page 27 of this issue Steve Piper has kindly given us a brief overview of the work involved to connect his house. Thanks for being the guinea pig on this, Steve! However, there is no indication of how much this will cost and what the benefits might be, as it will be very dependent on what services, and from which supplier, you already have. There is some concern over how people who only ever use a conventional landline will be able to adapt to a broadband-based phone system.

On infrastructure of another kind, Konectbus have just announced their new timetable, effective 30th March, in which 'our' bus, the 5B, will have its route extended to the Norfolk and Norwich Hospital. This is good news indeed, however, there is a snag. Whilst the normal service is every hour, there is a gap in the timetable which means there is no bus from Salhouse to the hospital arriving between 07.44 and 10.44, which is rather inconvenient as this is when most morning appointments will be. But, on the positive side, the last bus home will be later, which will help City supporters getting home from an 8pm kickoff.

Finally, we understand that The Stag (or The Bell if you prefer) will be under new ownership by the time this magazine comes out, and we wish the new owners great success with their new venture.

Colin McCormick Editor

KEV'S BRAIN BUSTER—THE SAGA QUIZ



Round 1 Recent News:---

- 1 Who won the U S superbowl final held in New Orleans?
- 2 Which well known film director died in January?
- 3 Name the character who died in the Eastenders pub explosion?
- 4 Which two films took away the top prizes at the BAFTA awards?
- 5 Sinkholes appeared in a Godstone street , what county is that in?

Round 2 True or False (animals):

- 1 A peregrine falcon can fly at speeds of up to 240 mph .
- 2 Hummingbirds can fly upside down.
- 3 Chimpanzees share approximately 80% DNA with humans .
- 4 The young of a koala is called a joey .
- 5 New Zealand has the most dangerous snakes .

Round 3 Countries:-

- 1 Which plant is shown on the canadian flag?
- 2 Quito is in which South American country?
- 3 Name the country nearest to Antarctica.
- 4 What's the highest mountain in England?
- 5 Lake Como is found in which country?

Round 4 Common Acronyms - full meaning:

- 1 A N P R
- 2 N A S A
- 3 P I N
- 4 Y O L O
- 5 A.T.M

Answers on Page 69

From The Parish Council

A new year brings fresh challenges for the Parish with cold, wet weather, but hopefully Spring is on the way, and we should soon see the colourful flowers blossoming around the village. There are, however, still challenges for us all with rising prices, but even more so to the elderly especially with the loss to some of the winter fuel payments. For any residents struggling there is help available from our local charity ‘**Salhouse United Charities**

Trust’, they are there and can help financially and confidentially. See page 12 of this SAGA for if you are in need of help.

Footpaths: Salhouse is fortunate to have a great network of footpaths and footways in and around the Parish which are used not only by residents but regular visitors.

Footways along Norwich Road and Honeycombe Road have been high on the Parish Council’s agenda for the past few years, and we have tried really hard to get these installed to benefit, and for the safety of, you the Parishioners.

Sadly, the Honeycombe Road trod path which had originally been approved by Highways, and had funding obtained, is unfortunately no longer being installed due to issues beyond our control.

The Parish Council have many times requested a path from the Mill Road mini roundabout to Station Road, and although a few years ago we were able to have some sections of path installed in front of the houses on Norwich Road, we have not been successful in gaining Highways support to install further along this stretch, although we will keep trying! Public support would be most helpful in our approaches to Highways and landowners.

Projects: You may have noticed in the last couple of weeks that **Bell Pond** has had some works carried out. It has been cleared of dead trees and scrub removed. This was part of the Parish Council’s **Biodiversity project**, and by restoring the pond should allow more light and improve the water quality, which in turn should encourage more nature and wildlife conservation. Although it may take a while to see these benefits, they will come!

The Parish Council would like to pass on its **sincere thanks** to all who were involved, especially the contractors and residents who offered to collect and dispose of the scrub, without whose help the project would not have been a success.



Hopefully by the end of March we should have a new **bus shelter** installed on Thieves Lane. This was requested by many parishioners, and we applied for and were successful in receiving 50% funding from Norfolk County Council and some 'local member funding' from County Councillor Fran Whymark.

We have seen various **road closures** in the village. When the Parish Council is made aware of these we publish the details on our website and Facebook page to keep you all informed.

GT16, the North Rackheath Development (planning application 20220663), is still to submit its revised Masterplan to the District Council. Once this is in, everyone will have an opportunity to comment on the plans. Please remember, although this is named 'North Rackheath Development', over 650 dwellings will actually be in the Parish of Salhouse, along with open spaces and road closures, so will affect the whole Parish.

Within the village itself the Parish Council has received further concerns about **car parking on Lower Street, Cheyney Avenue and Topcliffe Avenue**, especially around school drop off and pick up times. These are on going problems which Highways and the Police are aware of, and the Parish Council is working with the school to try to help resolve the issues. The recreation ground car park is available to use by all, and there is a trod path running the length of the field inside the hedge boundary, which was installed so pedestrians don't have to walk in the road. It has a sign reminding children to take care crossing the road, then it's a short walk to the school via another path through Heron Close into Cheyney Avenue..

The **Annual Parish Meeting** is being held on **Wednesday 30th April 2025 at 7pm** in the Jubilee Hall. This is not a Parish Council meeting; the purpose of this meeting is to give the Parish Council and local clubs and organisations an opportunity to let residents know what they have been doing over the past year. The meeting is open to all electors and is an opportunity to have a say on anything they consider valuable to the people of the Parish.

Finally, I would like to give thanks to the **volunteers in the Community** who give up their time to help keep the village looking tidy, attractive, and safe – so thank you to Team Salhouse, Community Speedwatch and Defibrillator volunteers – your help and support is greatly appreciated!

In February this year we gained a new member onto the Parish Council when Ben Hazell was co-opted - we welcome Ben and thank him for volunteering to serve his community. Sadly, less than a week later we heard the sad news that our Vice Chair, Councillor David Francomb had suddenly passed away. Our thoughts and deepest condolences are with David's wife and family at this time. It was such a shock and a great loss to us all, he will be greatly missed.

Robert

Robert Cooper

Chair of Salhouse Parish Council

Salhouse Parish Council

Chair: Robert Cooper

Vice Chair:

Councillors:

Nick Ball

Andrew Peachment

John Leathers

Wendy Browne

Julie Redburn

Gemma Hampton

Gary Browne

Ben Hazell

Tree Steward: James Cleaver

Tree Adviser: Ian Flatters

All correspondence should be addressed to the Clerk: -

Parish Clerk & Responsible Financial Officer:

Mrs Sarah Martin

Phone: **07761 480102**

Email: **clerk.salhousepc@gmail.com**

For more information, go to our Website: **www.salhousepc.info**

Local Councils' Roles and Responsibilities

The **Parish Council** is the local authority that represents the local community, acts as first point of contact, delivers some services to meet local needs and strives to improve quality of life in the Parish.

Broadland District Council is the **Local Planning Authority (LPA)**. The Parish Council as a statutory consultee is consulted and can comment on Planning Applications in the Parish; however, decisions lie with the District Council (or Broads Authority if applicable).

Broadland District Council is responsible for:

Council Tax collection

Housing

Economic development

Leisure facilities

Street cleaning

Refuse collection

Environmental Health

Planning and Building Control

<https://www.southnorfolkandbroadland.gov.uk/>

Norfolk County Council provides strategic and bigger budget services to the County, including Highways, Social Services, Trading Standards, Fire and Rescue, Transport, and Education - <https://www.norfolk.gov.uk/>

To report a **Highways Defect** including flooding and potholes:

<https://www.norfolk.gov.uk/roads-and-transport/roads/report-a-problem>

Flooding Hotline call 0344 800 8013

To report a burst water main or sewer flooding contact **Anglian Water**:

<https://www.anglianwater.co.uk>

telephone: 0345 7145 145

If people or property are in immediate danger from floodwater

Call 999 Immediately



Salhouse Parish Council Meetings Spring/Summer 2025

Monday 10th March

Monday 7th April

Monday 12th May (Annual PC Meeting)

Monday 9th June

Monday 14th July

Annual Parish Meeting: Wednesday 30th April

Meetings will normally be held on the second Monday of each month at 7.00 pm at Salhouse Jubilee Hall, unless advised otherwise

Village Website: due to the retirement of the Webmaster and the software being no longer supported, the salhousevillage.org website is not being updated, but it may still be found by some search engines. Information is liable to become increasingly out of date. We regret we have no control over this.

Current village information is available on: www.salhousepc.info

PC 855 Al Jennings

Beat Manager—Thorpe St.Andrew

Email: SNTTThorpeStAndrew@norfolk.police.uk

Phone: 101—ext.6724

Twitter: [@BroadlandPolice](https://twitter.com/BroadlandPolice)



Norfolk County Council



As the weather transitions into spring, we'd like to remind you that issues such as anti-social behaviour (ASB) can begin to rise. We know how distressing and frustrating it can be to live with this, so we want you to feel confident in reporting any incidents or concerns to us, knowing we will do our best to tackle and investigate any problems.

If you see anything that might need reporting, you can do so by calling 101 or using our online reporting forms on www.norfolk.police.uk. Otherwise, you can contact myself (Beat Manager PC Al Jennings) directly by contacting SNTTThorpeStAndrew@norfolk.police.uk, and I will reply to you as soon as I can.

County and District Councillors' Report

Fran Whymark and Martin Murrell

We were shocked to hear about the death of David Francomb, Salhouse Parish Councillor. We had only seen David the week before at Salhouse Parish Council, cheerful as ever. A great loss to the village, our thoughts are with his family and friends.

Rackheath Medical Centre is progressing well and should open this summer. Alongside GPs there will be several community services, promoting a 'left shift', moving greater resources and support into primary rather than secondary care. Next to the medical centre there are plans for a pharmacy, dentist, optician and consulting room. A real health hub for our communities. Hopefully plans will be approved soon and building can commence later this year. Pharmacy First is part of 'left shift', they can offer treatment for earache, infected insect bites, impetigo, shingles, sinusitis, sore throat, and urinary tract infections in women. A visit to the pharmacy could save you a visit to the GP. Go to <https://improvinglivesnw.org.uk/the-pharmacy-first-service/>.

Last month we told you about the English Devolution Bill. On 5th February the Deputy Prime Minister, Angela Rayner, announced that Norfolk and Suffolk would be a priority area for devolution and local government reorganisation (LGR). County elections this year have been postponed, with an election in May 2026 for the Norfolk and Suffolk Mayor. As you will have seen, in areas such as Manchester, the mayor has many powers to direct strategic planning, housing, transport, adult skills and employment, delivering local infrastructure for local people's needs. They will have a seat at the Council of the Nations and Regions, an opportunity to meet with government ministers and mayors from across the UK on a regular basis. More information at <http://www.norfolk.gov.uk/devolution> and a useful video at <https://www.youtube.com/watch?v=24HJY4qqONY>.

There is a government consultation at:

<https://consult.communities.gov.uk/lggc/norfolk-and-suffolk-devolution-consultation/> open for you to share your views, open until 13th April.

What does this mean for you? On a day-to-day basis it will not change too much. Your bins will still be collected, and potholes will be filled, adult and children's social care will still be there for you.

LGR means there will no longer be County or District Councils, instead of thinking should I call Broadland District Council or Norfolk County Council (NCC), you will call your local Unitary Authority. The Unitary Authority footprint will likely be made up of several current district/city councils but this will be a decision of the Minister, not local elected representatives like us. We'll keep you updated.

NCC have more hazardous waste days at recycling centres for residents in April and May. Locally, Norwich North 2 & 3rd May; Caister 16th & 17th May and Norwich South 23rd and 24th May. More information and how to book at <https://www.norfolk.gov.uk/wasteandrecycling>.

NCC offers Guidance for Older Drivers (GOLD). This helps drivers over 60 to refresh their driving skills, build confidence and keep driving for longer. GOLD has had very positive feedback over the last year, helping people with road positioning, navigating roundabouts, mirror and observation checks, speed awareness and judging speeds better. You can book a session with an Advanced Driving Instructor for just £39, with a full debrief and report at the end. For more information and to book your course: <https://www.norfolk.gov.uk/article/39726/Guidance-for-older-drivers-GOLD> or search GOLD on the NCC website. NCC will shortly be offering theory sessions too, which Fran is being signed up for, watch this space.

Take care of yourselves and each other.

Martin Murrell

Broadland District Councillor for the Wroxham Ward

Email: cllr.martin.murrell@southnorfolkandbroadland.gov.uk

Tel: 07958 393059

Fran Whymark

Broadland District Councillor for the Wroxham Ward

Email: cllr.fran.whymark@southnorfolkandbroadland.gov.uk

Tel: 07907163123

County Councillor for the Wroxham Division

Email: fran.whymark.cllr@norfolk.gov.uk



Cllr Fran Whymark



@CllrFran

FOSS have had a busy year so far fund raising, we had our Christmas Fayre at the end of November which was held at the Salhouse Jubilee Hall and raised £571.63.

Another recent event was our bingo night which was held at the school, the

evening was great fun and we managed to raise £551.84 for the school. Thank you to everyone who came and helped make the night a real success.

Due to the fund raising efforts of our group we have managed to contribute £4,000 towards the new school library, £488 for the children to see a pantomime, £783 towards class trips, £150 for class Christmas parties, £144 for year 6 SAT revision books and Christmas selection boxes for the whole school.

Our next event is on the 27th April and will be a Salhouse garage sale. For a £5 contribution towards the school you can reserve a stall and will be plotted on a map of the village. This can either be at your property or at the school if you live outside of the village. There will also be refreshments served at the school. The last garage sale was in 2024 and was very popular and a huge success. If you are interested in reserving a stall please contact FOSS at foss2019@yahoo.com by the 22nd April.



**Could you do with a HELPING HAND
with unexpected bills this spring?**

**Costs are still increasing so,
if you are finding it difficult making ends meet,
help could be close at hand.**

Could this be you or someone you know?

**Funds are available to assist
those in genuine need from
Salhouse United Charities.**

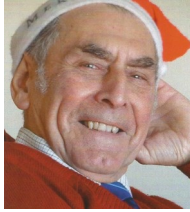


**The one condition is that the recipients
must live within Salhouse village.**

**If so, please get in touch with our secretary, Pauline Garner,
telephone 01603 721201.**

All requests will be treated in the strictest confidence.

Keith Holt



Although not a resident of Salhouse, Keith Holt, who passed away in December aged 92, will be remembered by many former pupils who attended Broadland High School in the 1970s and 80s as the popular woodwork and metalwork teacher. Several of them attended his funeral.

A man of many skills, less well known, perhaps, is that he also wrote poetry. The following poem was read by his granddaughter at his funeral, and is reproduced here with permission of Terry and the family:

COOL BROADLAND DAYS

By Keith Holt

*Broadland's winter breezes blow so briskly,
Licking faces stiff in fresh, whistling winds.
Nature flights her keen arrows of cold kisses
Through those boughs of twiggy, leaf-less trees,
Cooling cheeks to glow bright cherry pink.*

*Breeze-danced patterns swirl the surface sheen
Of Salhouse Broad set in its silent winter mode,
Bounded by sentinel, soft rustling, waving reed.
Web-footed birds swim the vast quiet expanse,
Seeking a sparse morsel of winter season feed.*

*Winter holds a grip, cloaking all in mantle white,
Bringing ice-locked frozen pools to silent calm,
While bemused pens and waddling ducks slide
Upon this glazed cold wintry ice, now set so firm.
Oh, hasten warm summer winds your swift return.*



Wroxham
Flower
Club



Rackheath Village Hall NR13 6LT
join us, watch an expert and be inspired

Visitors & new members always very welcome.

Visitors £8 Annual membership £45

Tea/coffee & homemade cake included

Raffle to win the beautiful arrangements

doors open 7pm for 7.30pm start

Wednesday 9th April 2025

Doreen Robinson

demonstrates for us

"Times Past"

then on

Wednesday 14th May 2025

Janet Dye

demonstrates

"Reuse, Recycle"

wroxhamflowerclub55@gmail.com



ABBAY PETS

REMEMBRANCE GARDENS & CREMATORIA

Britons Lane, Beeston Regis, Sheringham NR26 8TP (Est 1989)

**WE OFFER A PERSONAL & SYMPATHETIC
SERVICE WITH INDIVIDUAL CREMATIONS
& A COLLECTION SERVICE.**

Prices from £150

Contact us 7 days a week, 24 hours a day
on 01603 720777, 01263 825960,
or mobile 07771 700524

www.abbey-pets.co.uk

*All major credit
cards accepted*



AAA Pest Control

- npta Qualified
- Fully Insured
- Free Estimates given
- Domestic, Commercial & Agricultural
- Wasps, Rats, Mice, Moles, Rabbits, Ants, Bedbugs, Carpet Moth, Foxes, Pigeons and more.....



Trevor Wilson

01603 721547 / 07889 956159

trevor@twwilson.plus.com

www.aaa-pestcontrol.co.uk

Winter is here,
feel WARM, COSY & SAFE
 with a Woodburner from Norfolk Woodburners!



BEST PRICE GUARANTEE

Main agents for
Parkray, Hunter & Woolly Mammoth Stoves

clearSkies
 Chimney Sweeps

Installation of
 Wood Burners &
 Multi-Fuel Stoves
 Chimneys Lined
 No Chimney,
 No Problem!
 Fireplace Build
 Works

Offering the best local service!
 T: 01508 558147 | M: 07847 426953
 E: norfolkwoodburners@outlook.com
www.norfolkwoodburners.co.uk




**Mama Bear
 Childcare**
 -SALHOUSE-
Childminder
 CHILDCARE FOR AGES 9 MONTHS -
 5 YEARS
 HOLIDAY CARE FOR OVER 5'S
 FOR ENQUIRIES PLEASE EMAIL:
MAMABEARCHILDCAREUK@GMAIL.COM
 OR WHATSAPP 07706073371

**BLOCKBUSTER
 DRAIN SERVICE**

4 Spar Road, St Faiths Industrial Estate, Norwich, Norfolk, NR6 6BZ
 Telephone Number: 01603 429 174 Email: info@blockbusterdrainservice.co.uk

- Drain blockages cleared with minimal fuss includes toilets, sinks, baths and showers
- CCTV Survey specialists -Reports provided
- Re-lining and remedial quotes upon request
- Emergency call out service available
- Family run business established since 1977



Call locally on 01603 429 174



SALHOUSE GARAGE SALE



**SUNDAY 27TH APRIL
10AM – 1PM**



**AROUND SALHOUSE VILLAGE AND ON
THE SCHOOL PLAYGROUND FOR THOSE
OUTSIDE THE VILLAGE**

£5 FOR A PLACE ON THE MAP

**EMAIL FOSS TO HAVE YOUR STALL
INCLUDED – FOSS2019@YAHOO.COM BY
22ND APRIL**

**ALL PROCEEDS WILL BE USED TO
SUPPORT SALHOUSE PRIMARY SCHOOL**





Health Matters – **Spring 2025**

A regular update from
Hoveton & Wroxham Medical Centre



Vaccination Update

We have been informed by NHS England that there will be another Covid vaccination campaign this Spring. We expect the vaccines to become available towards the end of March. We have not yet been told who will be eligible for the vaccines but please be assured that if you are eligible we will make contact with you.

Flu, Shingles, RSV and Pneumococcal Vaccines.

If you have been called for a flu vaccine but forgot to attend, we do still have some flu vaccines left which are suitable for older people. If we see from your record that you may be eligible then we will ask you to make an appointment. Flu vaccines for this season will no longer be available after stocks have run out at the practice or beyond the end of March 2025.

If you are eligible for any other vaccine you will be contacted and invited to make an appointment. If you were contacted a while ago but were unable to attend, it is not too late to make an appointment. Most vaccination clinics currently run on Wednesdays.

Volunteers needed

We are looking for help from volunteers. The reason for the help is to spare some time to show people how to access the NHS app and how to access online appointments via our website.

This would involve being trained by our reception manager then manning a desk in the waiting room to allow people to attend and learn to get set up.

If you are interested, please ask to speak with Joanne Burke our reception manager. (Tuesday to Friday)

Ordering drugs

Please remember you can order your repeat medications via the NHS app or online via the practice website or via Systmone online. This will save you visiting the practice to place an order for medications.

Patient Participation Event:

On Wednesday 9th April 2025 the Hoveton and Wroxham Medical Centre Patient Participation Group are holding an event at the practice from 6-7.30pm.

At the event there will be a presentation about how the general practice is set up and what the issues in general practice are.

Tea and coffee will be available.

There are limited spaces so please book by emailing ppg.hwmc@nhs.net

Patient Participation Group Membership

If you are interested in finding more out about membership of the practice patient participation group please email ppg.hwmc@nhs.net.

A reminder about phone numbers

If you have got rid of your land line in the last few years or have changed your mobile phone number; do please reach out and let us know so that we can be sure your mobile number is on the system and up to date. We are increasingly using texts to contact you with messages including reminders to attend for health reviews and vaccinations.

Tests in secondary care

If you are keen to access the results of a test undertaken at the hospital of specialist service, the practice do eventually receive results but we do not get them immediately. If you have had a test recently then do please contact the department where the test was undertaken to access the results. There may be a delay before they reach the practice.

Heather Leishman, Practice Manager

email: heather.leishman@nhs.net



From the Rectory

Dear Friends,

On June 18, 1815, a watchman stood in the tower of Winchester Cathedral gazing anxiously out to sea. At last he saw what he was looking for – a ship sending a message to be relayed to the towns and villages in England. The watchman strained to see the message, as all of England held its breath, waiting to know the outcome of the war between their military general, Wellington, and the French ruler Napoleon – that ruthless dictator who ruled all of Europe except England, but still posed a threat to England; and now, the final, decisive Battle was being fought at Waterloo to settle the question of England’s freedom once and for all. The Englishman in the watchtower received the news he had been waiting for; he began to relay the news across the bay via flags to the English people anxiously awaiting the outcome. As the watchman began signaling, a heavy fog rolled in and only two words got through: “Wellington Defeated”. What everybody thought was bad news spread rapidly, causing gloom and sadness to come over the English people. However, the watchman continued to send his message and, when the fog finally lifted, the full and complete message got through, “Wellington Defeated Napoleon”! What a reversal! Talk about turning a negative into a positive!

Many of you will have received Easter Eggs at some point in your life, you may be looking forward to getting one this year, but I wonder how many of you have experienced what feels like the disappointment of an Easter egg?

You get given a box which is usually bigger than the egg, it’s bright and colourful and you think great, then you open the box and take out the egg in its shiny wrapper, and you are full of expectation so you take off the wrapper and break open the egg expecting to find something inside it but nearly always it is empty, just a hollow egg. It’s like an empty promise, you are full of expectation and then nothing and you feel a bit let down.

The good news is that Easter is about emptiness, the emptiness of the tomb, but instead of promises full of emptiness, in the death burial and resurrection of Christ, God gave us emptiness that is full of promise. The negativeness felt in the death of Jesus on the cross is turned into a positive by his resurrection from the tomb. The resurrection promises us new life, a new life that goes beyond our earthly life, a hope and joy not just for now but for eternity. Through the cross on Good Friday we can know God’s love for us and through the resurrection on Easter Day we have the hope and joy of new and everlasting life.

Christ has died, Christ is Risen, Christ will come again, this is the promise of Easter, this is the promise of the Emptiness this is the negative turned into a

positive. So empty Easter eggs are not a disappointment they are a great reminder of what Easter is all about.

Jesus Christ is Risen, He is risen indeed Alleluia. Celebrate the emptiness this Easter.

With every blessing

Darleen

As always, Darleen is available to visit at home or in hospital whether you are ill, recovering, or just want to see someone, please telephone. Communion at home can be arranged for those who because of illness or frailty cannot attend church, again please telephone. Enquires for Baptisms, Thanksgiving services, Weddings and Services of Blessing after a Civil Marriage or Partnership are always welcome please telephone or email. On the sad occasion of a bereavement please contact Darleen or ask the Undertaker to do so to arrange a service in church or at the crematorium.

Rector: Revd Darleen Plattin, The Rectory, 56 Green Lane West, Rackheath, NR13 6PG. Tel: 01603 720966. Email: darleenplattin@btinternet.com

Services for Holy Week and Easter in the Bittern Group Benefice

Palm Sunday (13th April), 10.30am, Holy Communion at Rackheath.

Wednesday (16th) Reflective worship for Holy Week.

Maundy Thursday (17th) 7.00pm, Holy Communion at Rackheath

Good Friday (18th) 10.30am, Good Friday Worship at Rackheath, followed by hot cross buns & coffee.

Easter Sunday (20th) 10.30am, Holy Communion at Rackheath.



Regular Services in The Bittern Group Benefice

All Sunday services are held at either 9am or 10.30am. Please see the church noticeboard for up-to-date details of where the service is being held.

Salhouse church is normally open daily between 10am and 3pm

Christenings (Baptism)

If you are thinking about having your baby/child christened, please contact Revd Darleen for details of how you can arrange to have the service at one of our 5 Churches, Gt. Plumstead, Lt. Plumstead, Salhouse, Rackheath or Witton. Services, are normally held on a Saturday, or on a Sunday afternoon. The service typically last 30 minutes, you can choose readings & hymns (or not) and the service sheet is personalised to your child. There is no charge for the service (only for any extras you choose to add, such as an organist). We have an inclusive approach and welcome everyone who would like to bring their baby/child to be christened. We also offer Baptism for adults.

J NEWTON GROUNDWORKS

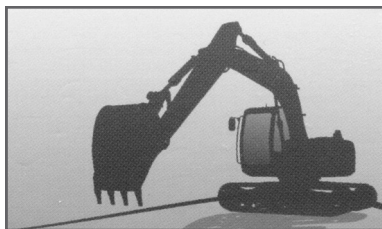
No job too large or small

Block paving
Slab/kerb laying
Driveways - Construction & resurfacing (Brickweave or Asphalt)
Garden clearance

Call for **FREE** quotation

01603 720047

07768014642



Jamie Newton

jimbob13@hotmail.co.uk

13 BERNARD CLOSE
RACKHEATH
NORWICH

The Old Barn B&B

CHARMING CONVERTED BARN
NEAR SALHOUSE BROAD

1 GOOD SIZED
TWIN BEDDED ROOM
GROUND FLOOR
OWN BATHROOM & TV LOUNGE

Sue Simpson, The Old Barn,,
2 Upper St, Salhouse,
Norwich, NR13 6RY

Tel: 01603 721759

Foot Health Professional

Charlotte Watson

*MCFHP, MAFHP
Fully Qualified & Insured*

Home Visits

Treatment of all foot problems
& finishing with foot massage

Call Charlotte

01603 721646



Rachel Mobile hairdresser

Hairdressing in the comfort of your own home. Colours, highlights, cuts and perms. Fully qualified and insured. DBS checked. Call Rachel on 07900094573



L&H Services **Lawn Mowing &** **Hedge Cutting**

Fully Insured

Free Estimates

Will: 07796 011782



HOWES MOTOR ENGINEERS

37 Salhouse Road, Rackheath, Norwich, NR13 6PD

TEL: 01603 721881



DISCOUNTED MOT'S



**FULL GARAGE FACILITIES FOR
MOT'S . SERVICING . DIAGNOSTICS . AIR CON.
CLUTCHES . TYRES . BRAKES . CAMBELTS .
WELDING & ALL MECHANICAL REPAIRS ON
ALL MAKES OF CARS AND LIGHT
COMMERCIAL VEHICLES**

*Free collection & delivery service available on request
(subject to availability)*



HOWES MOTOR COMPANY

QUALITY USED CAR SALES PART EXCHANGE WELCOME

TEL: 01603 721881

AFTER HOURS: 07768 470107 (CAR SALES ONLY)



Natural Gas and LPG Specialists

- *Gas & LPG Boiler & Appliance Servicing
- *Oil Boiler Servicing
- *Installations
- *Boiler replacements
- *Full Heating Systems
- *System Power Flushing
- *Underfloor Heating
- *Control Upgrades
- *Bathroom & Wet room Installations

All Plumbing and Heating work undertaken.
Our small, friendly team are fully insured and Gas Safe registered.
Competitively priced.

Email: enquiries@anglia-gas.co.uk

Mobile: 07881 783073

Website: www.anglia-gas.co.uk

Call your Local Domestic Appliance
Repair Engineer.

Andrew Brierton

Domestic Appliance



Repairs



Free Call Out

Factory Trained.

Zanussi, AEG, Hoover, Hotpoint,

Servis, Indesit, Bendix, Bosch,

Electrolux Etc.

All Appliances



Prompt, reliable and friendly service
Telephone Andy on 01603 890429
Mobile: 07900003794

GUY HUBBARD

DOUBLE GLAZING



CONSERVATORIES,
WINDOWS & DOORS
In PVCu.

FASCIAS
BARGEBOARDS
GUTTERING
CLADDING
Sealed Unit Replacements

*All aspects of Installation Professionally Undertaken
With 10 Year Guarantee On All Materials & Work.*

Free
Quotes
No
Hard Sell



www.guyhubbard.com



07770
784540

Farringford,
Market St.,
Tunstead,
Norwich.
NR12 8AH.

Salhouse CEVC Primary School



At Salhouse C of E Primary School we have had a big focus on art recently. We have all contributed to decorating a Giraffe as part of the GoGo Safari project organised by Break. Our Giraffe will form part of the trail which you will be able to visit in Norwich over the summer.

We have also improved our library recently. Thanks to the Friends of Salhouse School we have been able to purchase new books and have made the space much more inviting.

Our KS2 Girls football team are also doing very well and have got through to the final of the Norwich East School Sport Partnership Girls Football competition.

Our Coots class are learning about comparing animals in Science this half term and in Geography they will be learning about the UK and weather. They will also be starting Forest School this half term.

Our Bitterns class have been working on collage in Art and will be working on a musical performance with tuned instruments. They have been enjoying using our library and hiring out books to take home.

Our Kingfishers class are starting a unit of work on the Antarctic and Shackleton.

Grebes class are learning about the impact of food on the environment. They are also busy preparing for the Norwich Music Festival.

Heron's class are learning about what life is like in the desert and Grimm Tales. Our Year 6 pupils are busy preparing for their SATS in May. They are also looking forward to their residential trip to Hilltop in Sheringham in March. Year 5 are also starting their swimming lessons.

We would like to improve our school and improve our outdoor learning areas. If you know of any companies who offer grants to schools please contact our school office.

Hayley Sonnex

Executive Headteacher

Salhouse Primary School

Cheyney Avenue | Salhouse | Norwich | NR13 6RJ | 01603 720402

office@salhouse.norfolk.sch.uk

Find us on [Facebook](#)—[Salhouse School](#)

Fibre Broadband installation has started in Salhouse.

Here are some pictures of the installation guys from City Fibre working to connect a property in Topcliffe Avenue on 13th February. The complete installation took around two hours.



The installers laid a straw (7mm plastic hollow pipe) from the pavement outside the property, through the garden wall and into a shallow ditch across the driveway ending at the property wall. It connects to the straw in the pavement laid several weeks ago.



The straw goes to a brown termination box fixed to the wall and a fibre is blown down the straw all the way back to the green roadside box in Cheyney Avenue.



From the brown box, another fibre is connected to an interface unit inside the property and from there a copper cable connects to the router. The broadband supplier (ISP) may provide a new router if the existing one is not compatible with high speed internet.



The system is switched on and, hey presto, it works!
The router is also used to connect the house telephone, if required.

Steve Piper

Rackheath WI Evening Institute



In the autumn Rackheath WI members enjoyed an evening visit to Hotter Shoes where after a talk, buffet and the chance to browse the stock and buy shoes at a discounted price, one lucky member won the raffle for a free pair of shoes.

In November a group of members took the train from Salhouse Station to Cromer to enjoy shopping, lunch and to see the excellent Cromer end of pier Christmas Show.

Meetings were well attended in 2024 as we enjoyed Cheese tasting with Cheese Sommelier, Cheryl Cade in October and after a brief Annual Meeting in November Dr Stephen Ashford demonstrated some chemical solutions to the Mystery of Christmas.

We rounded off 2024 with an excellent Christmas Party at The Cottage in Thorpe. Always an enjoyable evening with good food, good company and dancing to the Squee Gees.

In January members enjoyed an excellent matinee performance of Singing in the Rain at the Theatre Royal.

Our January speaker was Debbie Bradley who gave a talk on Suffrage and Suffragettes of Norfolk and in February we will be entertained by Tonya Knights and her Owls.

We have booked some excellent speakers for 2025 also a wide variety of activities and outings to look forward to.

New members and visitors are always welcome.

Please contact Frances Pointer, 01603 720796 or Jane Nock 01603 438363 for further information.

Rackheath Pharmacy

We offer repeat prescription service as well as much more!



Also, offering the new pharmacy services:

- Blood pressure monitoring
- Sinusitis – Acute sore throat
- Impetigo
- UTI – for women aged 16-64
- Shingles – Infected insect bites
- Minor ear infections for ages 1-17

BOOK NOW!

For Winter vaccinations including Flu and covid-19

Call 119 or book online or walk-ins available

We will hopefully be holding springtime covid-19 boosters too!

Please call us for details

01603 721156



1 Bernard Close, Rackheath, Norwich NR136QS

Wroxham Library



Below are some of the events and services we offer but see our Facebook page or call the library on 01603 782560.

- **Just a Cuppa**, every Tuesday 10.00 – 12pm. Come along for a friendly chat over a cup of tea or coffee and a biscuit.
- **SEND Café NEW TIMES**: Friendly and supportive sessions aimed at children with SEND. Meet up with other families, share ideas and have some fun, including a lego activity! The cafes are free, on a drop-in basis, so no booking required, the dates for the next few months are Tuesday 25th March and 24th June 3.15 – 4.15pm.
- **Toys**: We have a selection of toys and games that can be played with in the library, from Duplo, and counting games, to jigsaws. Look in our folder to see what is available.
- **Autism Social Group**: Come to a friendly social group for a cuppa and a chat. No need to book, all welcome. Change of day to first Wednesday of every month 1-3pm.
- **Crafting NEW TIME**: 10.30am -3.30pm on alternate Saturdays (staff dependent). Aimed at children aged 5 -11 (under 8s require supervision).
- **Knit and Natter – not just for knitters!** Bring your embroidery, textile, or crochet project along to our informal gathering. First and third Thursday of the month, 2.00-4:00pm.
- **Crib Club** (Cribbage card game) – new players welcome – Second Thursday of the month 2.00-4:00pm. Please bring your own board and cards if you have them.
- **Scrabble Club**: Usually last Thursday of each month from 2.00-4.00pm. All welcome.

Thinking of starting up or growing your own business? As a local Business and IP Centre, we have free access to a wide range of business resources at Wroxham library. Find out more at: www.norfolk.gov.uk/bipc Norfolk

- **Our Bounce and Rhyme** sessions take place on Wednesday at 10.30am. No need to book just drop in and sing along!

- **Story Explorers**, is a reading adventure for children aged 0 – 5. To sign up and find out more, simply visit the library and speak to a member of staff.
- **Family History** :- Use our free access to Find My Past any time the library is open. Drop-in on Wednesday and Friday evenings between 4.00pm and 6.00pm to get advice from Diane, our family and local history expert.
- Book one 60 or 120 minute session per day on a computer. Contact the library on 01603 782560.
- Return items through the drop box or self-service kiosks
- Download the FREE Spydus app to check out books on your smartphone
- Download eBooks, audio books, newspapers and magazines by visiting: www.norfolk.gov.uk/libraries
- Use our self-service Baby Weigh Scales on request.

Housebound Library Service

If you are unable to get out to the library to get your library books, we can bring them to you! Details from the library.

Our normal opening hours are below, though please check for updates on our Facebook and Webpages. We have further extended our opening hours with the Open Library service – contact the library for more information.

- Monday: Closed
- Tuesday: 10 - 7
- Wednesday: 10- 7
- Thursday: 10-7
- Friday: 10-7
- Saturday: 10- 4
- Sunday: Closed

Visit our Facebook page <https://www.facebook.com/wroxhamlibraryofficial> for updates on events and activities.

www.norfolk.gov.uk/libraries

To see our email disclaimer click here:

<http://www.norfolk.gov.uk/emaildisclaimer>

Paul Allison, Library Assistant

Wroxham Library, Norfolk Library and Information Service,

Norwich Road, Wroxham, Norwich, NR12 8RX Tel: 01603 782560

SALHOUSE READING GROUP



We are still meeting on the first Thursday of the month at Jubilee Hall and would like to invite any potential book readers to join us. The group meeting starts at 7.00 p.m. but usually it takes 10 - 15 minutes to catch up with each other! We do hope our selection makes for interesting reading to any new readers.

The books for the forthcoming months, are as follows:-

6th March 2025	The Family Upstairs - Lisa Jewell
3rd April 2025	The Goldfinch - Donna Tartt
1st May 2025	Vera Wong's Unsolicited Advice for Murderers - Jesse Sutanto
5th June 2025	Eight Detectives - Alex Pavesi
3rd July 2025	There are Rivers in the Sky - Elif Shazam
7th August 2025	When we were Young - Richard Roper

So many books, so little time!!

If you have any queries or would like further information, please call 01603 720049.

Julie and Carol

FROM THE CHURCHWARDEN



Spring is bursting forth at All Saints Salhouse. Careful seasonal management with the help of parishioners, the Community Payback team and Norfolk Wildlife Trust is giving more opportunity for the natural riches (some rare) of our churchyard to flourish, whilst continuing to ensure year-round visitor access. It's a delicate balancing act, but one you'll hopefully find to be well worth the wait!

James Watts

**Churchwarden
All Saints' Parish Church**

HOVETON SURGICENTRE

MR AJAY KUMAR GONA

MR VAMSI VELCHURU



Contact us:

01603 782885

info@hovetondentalclinic.co.uk

Located within:

Hoveton Dental Clinic
19 Church Road
Hoveton
NR12 8UG

Private treatments available:

- Consultancy for local procedures
- Ear wax removal
- Ingrown toenail treatment

Removal of benign lesions such as:

- Cysts
- Warts
- Skin tags
- Fatty lumps
- Hemorrhoids





Chimney Sweep

07747 021862

North Norfolk

dashingsweep@gmail.com



Wow!

We have been busy.

Since taking over Salhouse garden centre in July, we've expanded our range to offer more gardening, pet, wild bird, solar, pots, houseplants, and gifts. We've also added grocery, homewares, clothing, DIY, and aggregates - **all bursting with value!**

We've expanded our indoor retail space and moved the plants to a larger area outside the main building, using previously unused greenhouses.

Here, you'll find a variety of plants, from young to well-established, including those grown at our own nurseries, helping us reduce our carbon footprint and pass on the savings to you.

As the season progresses, more plants will be available, along with tips and ideas to inspire your garden. Our friendly team is ready to help, whether you're an expert or just starting out!



We grow over one million of our own plants every year!



Your local *value* garden centre



Café Bistro

The Watering Can café is now open with a new kitchen, an expanded menu—including senior and child options—and more indoor and outdoor seating. With fresh paint, new seating and lighting, it's a great spot for breakfast, lunch, or a hot drink and treat with family and friends!



EVENTS

We'll be holding events at the garden centre. These are always great fun for all the family and real value for money. You can book tickets online by scanning the QR code!

SCAN ME
to view & book events



Take a look at some of the new ranges available at you local garden centre!



EVERYDAY ESSENTIALS



HOME & GIFTING



CLOTHING

We really hope you'll love the changes we've made to offer more value and choice. There's plenty of parking too with the addition of an overflow car park!

See you soon!



01603 721859

35 Salhouse Road Rackheath

LOUISE

HAIR & BEAUTY

Nail Care
Gift Vouchers

Monday	CLOSED
Tuesday	9.00am—5.00pm
Wednesday	9.00am—5.00pm
Thursday	9.00am—6.00pm
Friday	9.00am—6.00pm
Saturday	9.00am—2.00pm

Thorpe End Garage



**We've been providing MOT's,
Servicing & Repairs since 1992!**

We offer a friendly & honest service along with competitive pricing to keep your vehicle on the road.

- Brakes & Clutches
- Cambelts & Exhausts
- Tyres & Batteries
- Air Con Service & Repair
- Engine Diagnostics
- BMW & Vauxhall Specialists
- Established 1992

Mon- Fri: 8.30am-5.30pm
Saturday: Closed
Sunday: Closed

GoodGarageScheme.com

Registered Member



77 Plumstead Road, Thorpe End, NR13 5AJ

T: 01603 700148

e: enquiries@thorpeendgarage.co.uk

WWW.THORPEENDGARAGE.CO.UK

BURE VALLEY WOODBURNERS

Multi Fuel Burners Installed & supplied.
Chimney Repairs. Fireplaces.
Chimney Liners. Pots & Cows.
Bird Guards. Repairs & Servicing.



HETAS REGISTERED

Chris Beardsmore

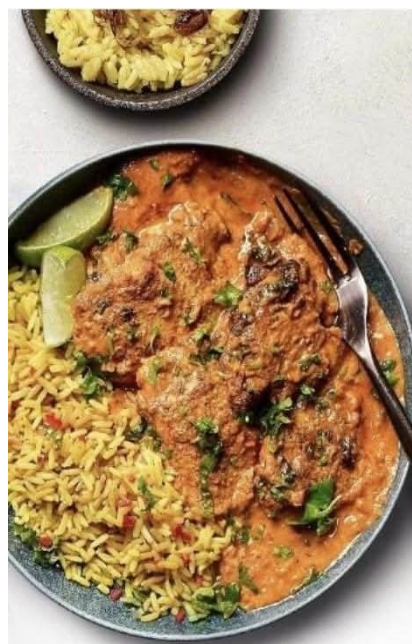
01603 736073 07717 574659

chris@burevalleywoodburners.co.uk

www.burevalleywoodburners.co.uk

BUILDING WORK

Extensions. Renovations.
Garden Walls. Lime Mortar. Guttering



**yes
you
can**
with
Slimming
World
Wroxham
Wednesdays 9:30am



Call Linda
07780 825316

Wroxham Church Hall,
Norwich Rd,
Wroxham, NR12 8SG

Mondays 5:30 & 7pm

****OPEN BANK HOLIDAY MONDAY****

Broadland Youth &
Community Centre, Stalham Rd,
Hoveton, NR12 8DJ



SALHOUSE

DOG PARK

A two acre fully fenced safe field
in a rural location, to hire for
exclusive use, where your dogs
can be exercised off lead.

For further information
please contact Angela on
01603 367867

Salhouse Dog Park, Honeycombe Road, Salhouse, NR136JP
(next to Salhouse Garden Centre)
www.salhousedogpark.co.uk



Wroxham, Hoveton & Belaugh Voluntary Community Care

Charity No. 1044332 Transport to Medical Appointments.



**PLEASE HELP:
VOLUNTEER
DRIVERS
NEEDED**

**We take anyone registered at Hoveton and Wroxham Medical Centre,
whatever village they live in : - Rackheath, Salhouse,
Horning, Tunstead, Smallburgh, Wroxham ETC.**

**We've been established since 1985 and provide a scheme which takes
people to the doctor, hospitals, dentist, optician etc. The demand for
our service has increased dramatically and we are having to tell more
and more people that we are unable to help them due to a severe
shortage of volunteer drivers.**

**If you can drive, own a car, have a mobile phone and can spare a few
hours a week that fit around your existing lifestyle, please come and
join our team of volunteers. You will be reimbursed for fuel costs and
will know that you are making a great contribution to the health and
well-being of our community.**

**REMEMBER you may be able to drive today but not
tomorrow – then YOU might be in need of the service
we provide !**

**Contact : 01603 784455
or wroxhamhovetonvmt@gmail.com**

Team Salhouse

Easter and Spring Greetings

from Team Salhouse



At long last Spring is just around the corner and the plantings that Team Salhouse have undertaken over the years are showing in the form of spring bulbs along Bell Lane and in the flower beds around the village.

Unfortunately, dog fouling continues to be a problem around the village. This can be unsightly, presents a health hazard and is an offence under the terms of the Public Space Protection Order which is in force.

You don't have to be a full-time member of Team Salhouse to help out occasionally, as the Chairman of the Parish Council demonstrates below by assisting with some grass verge rectification recently at Bell Corner.



team.salhouse@gmail.com

If you would like to help keep our village looking great please phone Malcolm on 01603 721201 for a chat.

Claire Carney

Floral & Balloon Designs

claire@clairesfloralandballoondesigns.co.uk • 07591 524348
www.clairesfloralandballoondesigns.co.uk

**Stunning flowers and balloons for all occasions!
Call, text or email to discuss your requirements.**



**Based in Salhouse with delivery available
across Norfolk.**

**Eco options available for both flowers and
balloons.**



FITNESS
@THE STREET
GYM IN SALHOUSE
WOODGREEN INDUSTRIAL ESTATE, STATION ROAD, SALHOUSE

**WHERE FITNESS,
COMMUNITY &
LAUGHTER COME
TOGETHER**

The advertisement for Fitness @ The Street gym in Salhouse. It features a black and white photograph of the gym's exterior. A large, black, rectangular sign with the 'FITNESS @THE STREET' logo is mounted on the wall. A large, black number '2' is also visible on the wall. The text 'WHERE FITNESS, COMMUNITY & LAUGHTER COME TOGETHER' is overlaid on the bottom left of the image.

Salhouse Service Centre

Small enough to care, large enough to cope.



Owner: Richard Bales

We are open for servicing, MOT preparation and all general repairs on cars

We would be delighted to see all customers, old and new

Come and visit us for a free quotation and advice on your vehicle

The Old Forge
232 Norwich Rd
Wroxham
Norwich
NR12 8SL

Courtesy car available
(with prior notice)

Local collection and return of
vehicle (with prior arrangement)

Garage: 01603 722974
Mobile: 07798 612376
After Hours: 01692 581191
E-mail: ssc07@btconnect.com



Broadland Architectural

Architectural Design Services

Local Based, Affordable, Professional, &
Personal Service for Full Range of
Architectural Design Solutions, from Initial
Design Concepts thro' to Final Approval



Drawings for Planning Permission & Building Reg's Approval
Alterations - Extensions - New Build - Listed Buildings
Full Design Service - From Small Extensions to New Homes

www.broadlandplanning.co.uk



Free Quotations or Advice -
Visit Website or Call:

01603 720148

SALHOUSE COMMUNITY EVENTS TEAM

We held our second annual Salhouse Christmas Quiz on 14th December at a sold-out and packed Jubilee Hall. Many thanks especially to Helen Cowles for being such a brilliant quiz master. The craft round, where a number of lubricated residents of Salhouse were asked to catwalk their Christmas crowns to I'm So Sexy, was the highlight of a wonderful evening.



Our summer event this year will be a little different from the last two summers. Instead of Salfest, this year, in partnership with the lovely folk at Salhouse Broad, we're bringing you **Sail-Fest**: a fun-filled and nature-themed afternoon at the Broad, with live music, food, a bar, and family activities.

There'll be lots of ways to get out on the water, including canoeing and paddleboarding and a revival of the very popular **Salhouse Broad Raft Race**.

More to come over the next few months, but pencil it in your diary for the afternoon and early evening of **Saturday 12th July**. See you there!



ROBERT HOLDEN SAAB SPECIALIST

*Wood Green, Station Road
Salhouse, Norwich, NR13 6NS*

Tel: 01603 722811

robert@saab-specialist.co.uk

www.saab-specialist.co.uk

SCREENED TOP- SOIL

FENSOIL WOOD CHIP MULCH

*WELL ROTTED MUSHROOM

COMPOST, FIREWOOD

*SAND & SHINGLE ETC

DAILY DELIVERIES THROUGHOUT
EAST ANGLIA

FOR COMPETITIVE RATES
& PROMPT SERVICE

G.NICHOLLS

EST. 1960's

NORWICH

Tel: 720224 & 701190

E-mail:

info@gnichollsservices.co.uk

www.gnicholls-services.co.uk

Oaks Farm, Toad Lane, Gt Plumstead,
Norwich NR13 5EQ

CAROLE TIMS

G.T.C.L., A.R.C.M.

**Singing and Piano Teacher
Registered Teacher, I.S.M.**

**16 Mill Road, Salhouse,
Norwich NR13 6QE
Tel: (01603) 721912**

**Singing lessons, beginners to
advanced. Choral conducting,
Consultation and coaching.**

Fencing Patios & Driveways

FREE QUOTATIONS

**Close Board Fencing,
Budget panels, Picket fencing
Concrete or wood posts.
Blockpaving for driveways.
Asphalt driveways.
Slabs for patios supplied and laid.**

Rackheath Paving & Fencing

Tel: 01603 721270

Mobile 07795363955

rackheathpavingandfencing@gmail.com



SIMON'S KITCHENS

EST. 1990

**Simons Kitchens &
Home Improvements**

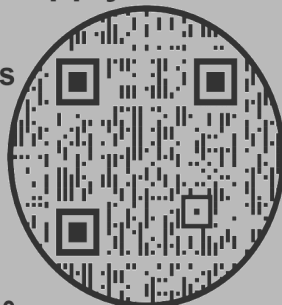


Google review

★★★★★ 4.9

Design, Supply and Fit

**Kitchens
Bathrooms
Plumbing
Tiling
Joinery
Flooring
Doors**



07368982830

simons.kitchens1990@gmail.com

C & N CONSTRUCTION

**(BUILDING SERVICES)
UPPER ST SALHOUSE**

EXTENSIONS, LOFT CONVERSIONS

ALL RENOVATION WORK

RE- ROOFING

ALL CARPENTRY WORK

KITCHENS & BATHROOMS

PLASTERING

WALL & FLOOR TILING (Ceramic, Slate, & Natural Stone)

All work carried out to a very high standard

Offering a Friendly & Reliable Service

Tel (01603) 722985

Mob: 07832 108991

www.cn-construction.co.uk

From the SALHOUSE BROAD Ranger

Springtime at Salhouse Broad

As the days grow longer and signs of spring start to appear, we look forward to one of nature's most beautiful displays – the breathtaking blanket of bluebells carpeting the woods at Salhouse Broad. It's a sight not to be missed!



Our dedicated Ranger, Paul, has been hard at work over the winter months, replacing broken sections of boardwalk and improving drainage to keep our walkways safe and accessible for all visitors. Meanwhile, our fantastic team of volunteers has been busy clearing willow to the east of the main path, helping to restore the natural balance and allowing the reedbed to flourish once again.

We're also preparing to cut the reeds at the bottom end of the main path to the Broad. This essential work ensures the reedbed remains healthy, preserving the habitat for the wildlife that calls Salhouse Broad home.

Our recent stargazing evening on Saturday, 22nd February, was a success, selling out completely! Experts from the Norwich Astronomical Society guided us through the wonders of the night sky, making for a truly magical evening. If you missed out, don't worry – we have more events planned, so keep an eye on our website for upcoming dates.

Exciting news for this season – in conjunction with the Community Events Team, we're planning to revive the much-loved Salhouse Broad Raft Race in 2025! Stay tuned for updates and get ready to join in the fun.

And finally, we're delighted to announce that Salhouse Broad officially opens for the season on **April 4th**. Whether you fancy exploring by canoe or kayak, or want to experience our back to basic campsite, we have a special treat for our local visitors – use the discount code '**Saga10**' for **10% off** canoe and kayak hire and campsite stays. Head to our website to use the code. If you have any trouble using it, just pop us an email or call us and we will be happy to help.

We can't wait to welcome you back for another wonderful season at Salhouse Broad!

The Salhouse Broad Ranger Team

www.salhousebroad.org.uk

theranger@salhousebroad.org.uk
01603 722232

Independent & Family
Owned Funeral Services



GEDGE & SONS



Our Family Caring For Yours

Serving Local
Communities Since 1866

24 Hour Personal Service

t. 01603 712276

e. mail@jgedgeandsons.co.uk

Garden Rd, Blofield, NR13 4JL



**Flowers for gifts, events,
weddings and funerals**

*Plants, homewares, gifts and
garden accessories available
instore*

bespokeflowers.uk
info@bespokeflowers.uk
01603 343988

Black Barn Farm, Norwich
Road, Salhouse, Norwich,
NR13 6QG

BLACK
BARN
FARM

MOBILE FISH AND CHIPS



SALHOUSE PLAYING FIELD

Alternate Wednesdays

4.30—7.30 pm

If it's a Grey Bin week, we'll be there!

Extensive Menu

Orders Taken

mobile 07368945918

info@nippychippyvan.co.uk

**We also visit other locations around
the district each week**



Golden Daffodils are a welcome, heart-warming sight, marking the end of winter and the start of spring. They flower around Easter, reminding us about the renewal of life and the Resurrection. Also known as the Lent or Easter Lily, daffodils have been the national symbol of Wales, since the 19th Century and are often worn on St David's Day (1st March).

In the UK daffodils have other connections to the month of March, being the flower of that month and the astrological flower for Pisces.

The Language of Flowers has mixed interpretations of what daffodils mean. Alongside representing the first ray of spring, they can also represent vanity, hubris and misfortune, personified in Greek mythology by the tragic Narcissus, who captivated by his own image in a pool, wasted away and was turned into a daffodil. Botanically they are also called *Narcissus* and belong to the *Amaryllidaceae* family.

Daffodils have grown wild in the countryside since the sixteenth century and are called a variety of names in different counties;

'Nebbits' in Norfolk

'Butter-and-eggs' in Devon

'Trumpets' in Yorkshire

'Scrambled eggs' in Somerset

'Daffidowndilly' in Buckinghamshire and Cumberland

'Julians' on the Isle of Wight

'Lents' in Cornwall



Daffodils were the inspiration for William Wordsworth's poem 'I Wandered Lonely as a Cloud', one of the nation's favourites. Alongside poets, daffodils appealed to artists through the generations and more recently. During the Covid lockdown in 2020 artist David Hockney created a sketch on his iPad of a patch of daffodils with the title '*Do remember they can't cancel the spring*'.

(<https://www.bbc.co.uk/news/entertainment-arts-52109901>)

As well as bringing hope and fresh beginnings the daffodil is also the symbol for cancer charities around the world, including Marie Curie in the UK.

Every year, this cheerful flower marks the passing of winter and heralds the future promise of summer.

Sarah Oldfield

Source: RHS <https://www.rhs.org.uk/garden-inspiration/plants-we-love/daffodils-art-myth-folklore>

‘Waterwitch’

Very low tides at the end of February exposed the last rotting timbers of a wrecked boat on Salhouse Broad.

This is all that sadly remains of the ‘Waterwitch’, a once luxurious broads cruiser that served for many years as the playground of generations of Salhouse children.



Originally a 100ft Canadian-built wooden hulled ‘submarine chaser’, she survived the 1914-18 war and was sold off into civilian hands as a motor yacht. In the ownership of a Major Griffiths from London, who used the boat for holidays, she was renamed “Waterwitch”. At this time the vessel was

said to be beautifully appointed with teak decks, a silver table service and even a grand piano in the saloon.

Waterwitch was moored in Salhouse Little Broad, but on the death of her owner was moved to Salhouse Broad where, at the start of the Second World War she was commandeered and sunk to stop the enemy landing seaplanes on the water. Later she was pumped out and moved to Malthouse Broad, Ranworth, returning to Salhouse Broad at the end of the war.



By 1948-49 she became derelict and was moved to a position at the mouth of the Staithe where she remains. Presumably with the piano still inside, she became a

diving platform for youngsters, and remains in this location to the present day.



In the early 2000’s the prow of the boat and sections of decking could still be seen. A large willow tree was growing through the fore-deck, but around 2012 a storm caused the tree to fall and demolish the bow of the boat, taking most of the visible remains under the water. The low tides of the past few weeks have allowed them to be exposed briefly.

If you want to imagine where the Waterwitch lies, sit at the bench on the newly refurbished boardwalk and look across the Staithe to where a clump of willow protrudes from the bank into the water. That’s where the Waterwitch still lies.



1st Salhouse Beavers & Cubs

Christmas 2024 seems like a long time ago when we had our End of Term Event at High Altitude in November. The Beavers, Cubs and Scouts had a great time bouncing which was followed with a pizza and fries supper.

As we always do, the Group attended the Remembrance Day March on Sunday 10th November, with everyone looking very smart in their uniforms and poppies.

The Cubs had made a Poppy Wreath out of plastic bottles which looked very good with the red poppies glistening in the sunshine. All the youngsters who attended were rewarded with a 2024 Poppy Badge to wear on their uniform.

Due to the horrendous spring weather at the start of 2025, and the constant rain, we stayed inside, helping the Beavers with their Challenge Badges for their Bronze Award and the Cubs towards their Silver Awards, all are well on the way to completing these important awards.

Both sections have also completed an Emergency Aid Badge too, with the Beavers completing Lvl 1 and Cubs Lvl2. Following on from this badge they will be visited by an Ambulance later in March.

Other Events enjoyed include;

Raingutter Regatta – Making Boats (Beavers & Cubs.)

Sailing Boats (Beavers & Cubs)

Catapults (Cubs)

Paracord, Keyrings, (Cubs)

Future Events to include

Visit from Norfolk Police (Beavers & Cubs)

Visit from an Ambulance (Beavers & Cubs)

Visit to the Woods for Fire lighting & Backwoods Cooking (Cubs)

Visit to the Woods – Smores and Fire lighting (Beavers)

Visit to Nortons Dairy Farm - Beavers and Cubs

5-A Side Football Tournament (Cubs)

Sixers and Seconders Day (Older Cubs)

We currently have 13 Beavers within our Beaver Colony
And 16 Cubs within our Cub Pack.

We are still struggling with finding a Beaver Leader for our Beaver Colony and continue with 3 Team Members and parent helpers on a Rota who assist each week.

We are now looking at having a Parent Rota for our Cub pack as after Easter we will only have 3 Leaders for our Cub Pack too.

I have lots of young people on our waiting lists, Beavers and Cubs and receive many enquiries regarding spaces.

Unfortunately I cannot accept any youngsters for Beavers or Cubs at the Moment, without Leaders to assist, which is very important for the young people's safety.

If anyone has a youngster wanting to join our Beaver Colony or Cub Pack, I would need an adult to come along and stay every week helping during our 1 hour long session for Beavers or 90 minutes for Cubs.

If anyone is able to help, please contact myself and come along to see what we do in Beavers or Cubs.

Unfortunately we are also in need of a Treasurer for the 1st Salhouse Scout Group as our Treasurer left yesterday to work in Japan.

We are not a very big Scout Group but do need a Treasurer to run the Group.

If you know of anyone who could help us, maybe a retired work college, a family member or a neighbour, please let me know or by passing on my details.

If no-one comes forward to help out as our Treasurer the Group could fold which would be a real shame.

Here are my details:

Jackie Rose – Group Lead Volunteer, 1st Salhouse Scout Group

Telephone No. 07780604707

Email – jackierose@talktalk.net

Thank –you for taking the time to read this article and I look forward to hearing from anyone who could help us out please .

1st Salhouse Scouts



We kicked off this term with an exciting troop forum, where the Scouts had the chance to share their ideas and decide what they wanted to accomplish. With some fresh faces joining us, we used this opportunity to revisit the Scouts' promise and laws, ensuring everyone was on the same page. The meeting wrapped up with a lively game of bingo, keeping the energy high and fun!

One of the key focuses this term has been hobbies. Scouts took turns sharing their favourite activities, from gymnastics to boxing to learning guitar! These presentations are part of their journey toward earning the Hobby Badge.

In another session, we got hands-on in the kitchen, making omelettes in a bag and whipping up the classic camp treat, armpit fudge! For the grand finale, we went on an epic 4-mile hike, with a well-deserved reward at the end—a stop at McDonald's, where everyone enjoyed a well-earned meal.

It was the perfect way to wrap up a fantastic half-term filled with fun, learning, and adventure!



We meet on Thursdays, 18:30 – 20:30, Scouts are 10.5 to 14 years old. Would you like to join us in the future? Feel free to get in touch and join the waiting list.

Simon Hill & Al Spaul - Team Leaders

Shelly Seaman & Rose Ottaway - Team Members

salhousescouttroupe@gmail.com

This term we have been working on our First Aid Skills Builder, learning how to help others and what to do in an emergency.. We looked at the following areas:



- First Aid Kits can be big and bulky to carry around. We looked at how we could improvise with everyday items in an emergency when accidents happen.
- The way you feel changes all the time. We discovered how to recognise what people around you are feeling.
- We found out how to deal with burns, the importance to act fast and tried out treatments for different types of burns.
- We put on our detective hats to read the signs of some common illnesses and make the best decision with how to treat them.
- Life and death situations are rare, but in an emergency, thinking, focusing and acting quickly can speed up getting help.

The Pancake Challenge badge saw us making pancake mazes along with playing games on a pancake theme! We then made syrup patterns on pancakes before eating them!

In February we held a district sleepover joining the Anglian regions PJ Party. We joined Rainbows, Brownies, Guides and Rangers from Hautbois District – around 120 members plus leaders at Eaton Vale to celebrate World Thinking Day.

Amongst other activities the girls enjoyed book folding to make their own guiding light, the climbing wall and making s'mores. The evening was spent making dens and completing challenges and of course Hot Chocolate! This event was a great opportunity for the girls to get together with other units to make new friends, meet the girls who will be Brownies soon and greet old ones that are now Guides.

Our last meeting of the term will be at Hautbois Activity centre where the brownies will challenge themselves on the Crate Stacking and see how high they can get!

If you would like to find more out about joining Brownies, then please contact Natalie on 07500 060818 or email:

2ndsalhousebrownies@gmail.com or you can register your interest at <https://www.girlguiding.org.uk/joinus>



Iceni Basketball



Norfolk's Biggest All Women and Girls Basketball Club

We train at Open Academy (opp. Retail Park), Salhouse Road, NR7 9DL

U 10 girls Sunday 3.00 -4.30pm (Years R-4))

U 10 and U12 Skills Session Monday 5.00-6.00pm

U 12 girls Saturday 12.30pm –2.00pm (Years 5 &6)

U 14 girls Monday 6.00 -7.30pm & Saturday 2.00 -3.30pm (Year 7 & 8)

U 16 girls – Tuesday 5.30 -7pm Sunday 4.30 - 6.00pm (Year 9 & 10)

Ladies Training Thursday 8.30-10.00pm

Ladies Teams Sunday 6.00pm-7.30pm

Come and join us. Fitness, Fun and Friends

Contact: norfolkiceniibasketball@gmail.com



RH Farms

MILL FARM, SALHOUSE

Frozen beef and lamb available from Mill Farm, Honeycombe Road, Salhouse.
High welfare beef and lamb from our sustainable, grass based farming system.

Visitors always welcome.

Contact Liam or Anne-Marie for more information.

07872015713 07748903971



www.crittenelectrical.co.uk

- New houses wired, rewires
- Replacement Consumer units
- Heating controls, smart & traditional
- Gas, Oil, Air source heating
- Landlords safety inspections
- Garden and exterior lights
- New sockets, lights, etc.

info@crittenelectrical.co.uk



EV Chargers

This isn't one size fits all, this is tailor made for you.



01603 722163



Friendly, local domestic and commercial flooring company.

Carpets, Vinyl's, Luxury Vinyl Tiles, leading brands including Karndean, Amtico, Cormar and Brintons plus many more.

Wide range of samples to view in our showroom or in your own home.



For advice or a free no obligation quote please call 01603 720164.

Wood Green Industrial Estate, Station Road, Salhouse, Norwich, NR13 6NY

Email: office@broadlandflooring.co.uk www.broadlandflooring.co.uk



- Free estimates,
- Reliable and family-run
- Local collection and delivery
- Competitive prices
- All work guaranteed
- From minor to major repairs
- Trading in Rackheath for 50 years


**Vehicle Repair Centre
Accident Specialists**

**Bidwell Road, Rackheath Ind Est,
Rackheath, Norwich NR13 6LH**

Phone/Fax: 01603 720790

Email: max_bidwell@btconnect.com



CTP CARPETS

All Carpets, Natural Flooring & Vinyl
SUPPLIED & FITTED

FREE Quote with No Obligation

Contact us on 07931 258809
or 07979 158457

chrispegguk@aol.com

Over 50 Years Experience

Salhouse Based

The Mower Doctor

**Extremely competitive prices with
NO VAT**

Fixed price servicing

Prompt mobile repairs

**All garden machinery servicing,
repairs, chain/blade sharpening
undertaken**

Themowerdoctorwroxham@gmail.com

01603 291927

or

07799530015

Handy Andy

Your Local Odd Job Man



**Need help around the
garden or home ?**

NO JOB TOO SMALL

Telephone 01603 720573

Mobile 07833220212

CMS

Craig's Mechanical Services

07799600262

Craig Parsons
Mechanical Engineer

Covering Norwich & Surrounding Areas
Servicing & Repairs of Classic Cars, Motorcycles,
Garden & Agriculture Machinery, Trailers & More.

Over 35 years Qualified
Fully Insured



ClearView
Financial Consultants

Burgh Road, Aylsham, 01263 734859
Station Road, Hoveton, 01603 273590
New Road, North Walsham 07733 626662

Complimentary Consultation for all new Clients

Investment Planning & Reviews
Inheritance Tax and Wealth Preservation Advice

Care Cost Planning and Advice

ISA Selection Service

Bespoke Ethical Investments

Personal Protection Policies
Pensions & Retirement Options

Traditional Will Writing

Powers of Attorney

Complete Probate and Estate Administration
Service

Impartial & Accountable Whole of Market Advice
Home and Evening Appointments Available

ClearView Financial Consultants is a trading name of Martin Smith Independent Financial Adviser Ltd, a company registered in England under number 11439150 and authorised and regulated by the Financial Conduct Authority under number 944677.

Salhouse Jubilee Hall

'At the Heart of your Community'



Happy New Year to you all. I say that but as I write this, it's the 2nd March already and it's a glorious sunny day outside

There isn't much to share in this issue of the Saga, aside from a report on the Christmas Fayre we held late last year. We approached things a bit differently this time by moving it to the afternoon for two reasons: first, to attract more families, and second, so we could follow the Fayre with carols while switching on the lights of our very first Christmas tree outside the Hall. I'm pleased to say it was our best Christmas Fayre ever. We attracted more families and received excellent feedback—not just about the carols but also about how beautiful the Village Hall looked, all lit up throughout the Christmas season.

I would like to thank not only everyone who came and supported us but also all the local businesses that supported us this year. First, thank you to Black Barn Farm for donating our lovely tree, and to all the local businesses listed below for providing prizes for our Tombola:

The Hungry Otter; Cherry Lane Garden Centre; Roys of Wroxham; Salhouse Broad; Broads Tours; The Nippy Chippy; Fairhaven Woodland & Water Garden; How 2 Drive; R H Farms; Salhouse Dog Park; Geordies Window Cleaner and Quirky Art by Jo Forster

Finally, a plug for the Hall. If you have an opportunity to host a regular event at the hall, or if you want to host a one-off party or event, please call Pat on the number below to book your event or visit our new website to check out the hall and send a booking enquiry. We will be happy to host you.

www.jubileevillagehallsalhouse.com

Martin Carney

Chairman – Salhouse Village Hall Committee

Tel: 07808 097924

If you would like to book the Hall, then please call Pat, tel: 01603 720466

(Mon-Fri 9am – 6pm, Sat: 9am – 12noon)

AFTERNOON TEA AND MARDLE



Hello anyone new to the village or recently retired. We are a group that meet on the second Wednesday of every month (except September) at the Jubilee Hall on Lower Street. The time is between 2.00 p.m. and 4.00 p.m.

We offer tea/coffee and a selection of home made cakes and sausage rolls. There is a raffle and our Quiz Master is always coming up with new ways to torture us with a Quiz or Dingbats!

Come and join us, you will be sure of a warm welcome.

Colin, Doreen, Jools and Julie

Any queries, please feel free to call Julie on 01603 720049.

SPRING / SUMMER 2025 DATES:

March 12th

April 9th

May 8th (VE Day Special Event)

June 11th

July 9th

August 13th

Salhouse and District Gardening Club



We are looking forward to the Spring and to seeing the end of this dull, damp and cold weather. We have now almost completed planning the programme for 2025 /2026 and to give you a taste of what is to come, the proposed programme for next year is:

April 15th	Designing an herbaceous border. – Helen Hillier
May 20th	Annuals and plants for pots. – Moulton Nurseries
June <u>24th*</u>	Day Trip (Details to be finalised)
July <u>22nd*</u>	Evening visit to Walcott House.
August 19th	BBQ – detail to be announced
September 16th	Edible flowers. – Martin Davey
October 21st	Gardening for Autumn. – Bob Coutts
November 18th	Growing vegetables in small spaces. – Pauline Harper
December 16th	Christmas Party with buffet and quiz

2026

January 20th	Flowers and ruins of the South of France. – Rosie Ward
February 17th	Britain's butterflies in a changing environment. -Dr Ian Bedford

*Please note that the trips in June and July are **NOT** on the third Tuesday of those months.

Once again, we are very grateful to Margaret for all her efforts in putting together such an interesting and varied programme.

We have carefully looked at the financial situation of the club and find that income (fees, raffle, refreshments) in the current year will not quite cover expenditure (hall hire, speakers, insurance etc). However, thanks to our careful management of the finances, we will be able to continue at the current membership and guest fees (£20 and £4 respectively) for 2025 / 2026.

For more information about the Gardening Club please contact Linda Bobbin (01603 721829).

Nick Taylor - Chairman



Salhouse Station ‘Save the Victorian Waiting Room’ Project

**Public meeting at Salhouse Jubilee Hall
Friday 4th April 2025 at 7pm**

All welcome

The Waiting Room is the last remaining original building at Salhouse Station. Sadly it was threatened with demolition. It has now been given a reprieve thanks to Save Britain’s Heritage. To ensure its long term future, the Salhouse Station Group was formed. The group have been developing a project to undertake the structural repair of the building, eventually aiming to bring it back into beneficial use.

The station has an important role in the future for Salhouse and Rackheath. Discussions have been held with Greater Anglia with a view to making other improvements to enhance the way the station can serve residents. There is a particular opportunity with the further housing development being proposed in its vicinity.

SAGA has reported on this project in recent editions, which has reached the point where it can become formalised.

We would like to hear the views of a wide forum of residents and officials from both villages, and invite anybody wishing to use their skills to join the Salhouse Station Group, and help bring the project to fruition. At the meeting there will be the chance to hear about progress, the obstacles faced, and to comment on the draft business plan.

We look forward to meeting you on Friday 4th April 2025 at 7pm
salhousestation@gmail.com

WROXHAM AND HOVETON LIONS



Now that the nights are drawing out and Spring is on the way, we are starting to look forward to this year's activities, more of which later.

We were delighted to be able to support Sarah from Horning by purchasing a new electric wheelchair for her. This will greatly aid her mobility and improve her quality of life.

The Club recently also made a donation to the Joint Services Cadet Corps and together with two other members, I attended their headquarters in Potter Heigham to see their cadets presented with various achievement awards. The Unit were very grateful for our donation which enabled them to purchase much need equipment. Tea/coffee and cakes rounded off a very enjoyable evening.

This month sees the start of our Charity Shop's 25th anniversary and later in the year, the Club's 50th anniversary will also be celebrated. I must express the Club's thanks and appreciation to everyone who has supported us at our various fundraising activities over the years, or by donating to, or buying from the shop. Your support has enabled us to make so many people's lives better by helping those less fortunate. We have estimated that, during the 50 years the Club has been operating, we have donated around £1.5 million to deserving causes.

The shop welcomes donations of good, clean ladies and men's clothes, bric-a-brac, books and other household articles and small, fully working, electrical items in good condition. If you are not able to get to the shop, collection can be arranged by telephoning the shop on 01603 783737.

On the Sunday 16th March our first craft fair of the year will be taking place at the Hoveton Village Hall, 10am to 3pm. This is fully booked, as are those later in the year, so there will be a wide range of goods on sale.

Planning is now well underway for our **Hoveton Village Charity Fete on 3rd August** and booking forms for stalls and classic cars are now available to download on our website <https://wroxhamandhovetonlions.org>

It's a great day out for the family and we hope we can beat last year's record entry of 124 classic vehicles.

If you have any spare time and feel you would like to give something back to your community, why not think about joining us. We are a friendly bunch and you can contact us via our website (as above). You will be made most welcome.

Finally, I must send congratulations and Birthday wishes to former Lion, Keith Cox who will be 100 years old on 21st March and who served in the Club well into his 90's.

Lion President Ron Hill

Would YOU like to Advertise YOUR Business
in this Space?



VERY REASONABLE RATES

Telephone: 07 55 22 33 527

flatters798@btinternet.com

MIKE SPANTON Plant Hire Contractor

Est. 1984

Based in Salhouse Tel. 07768 803805



Friendly, reliable and competitive service

- Foundations / oversite
- Driveways
- Drainage
- Treatment Plants
- Site Clearance
- Delivery of screened top soil, crushed hardcore, crushed concrete, crushed asphalt
- Shingle of various sizes

26 ton gross Beavertail Plant Lorry and Driver available for hire

Contact Mike on **07768 803805 / 01603 819088**

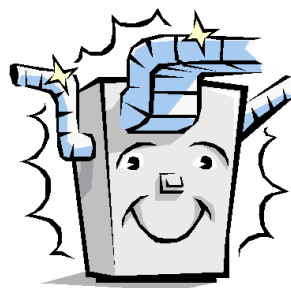
Email - **spantonmichael1@gmail.com**

Wroxham Heating Ltd

**John Middleton
Gas Heating Services**

01603 782542 07765671117

www.wroxhamheating.co.uk
john@wroxhamheating.co.uk



**Gas Safe Registered
210650**

**City and Guilds Qualified
Gas Service Engineer**

British Gas Trained

**Friendly, Reliable and
Prompt**

Local Service

30 years experience



Servicing

Servicing all types of Domestic
Gas Central Heating, Fires,
Cookers and Water heaters
Warm Air Units

Maintenance

Repairs to gas Appliances.
Large range of spare parts carried
Landlords Inspections
Unvented Hot Water

Installation

All Types of Domestic
Gas Heating
Unvented Hot Water

Sludge and Scale Removal (Power Flushing)

If you have a Noisy Heating
System a Power Flush could be
the answer to reduce noise and
increase efficiency

Supported by

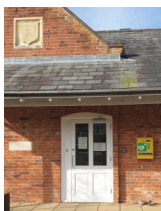


East of England Ambulance Service **NHS**
NHS Trust

EMERGENCY DEFIBRILLATOR (AED) **INSTRUCTIONS FOR USE**

In the event of a suspected heart attack / chest pains, the following procedure should be used:

1. Call **999** and ask for the Ambulance Service
2. Tell the Operator the telephone number from where you are calling, and they will tell you the location of the nearest Cabinet, as follows:



Jubilee Hall, Lower
Street Salhouse
NR13 6RE



The Green,
Lower Street,
Salhouse
NR13 6RY



Station Road
Salhouse
NR13 6NX



The Recreation Ground
Thieves Lane, Salhouse
NR13 6RQ

3. The Operator will ask a series of questions which you need to answer to the best of your ability. This will only take a few seconds and will not delay the Ambulance.
4. THE OPERATOR WILL THEN PROVIDE YOU WITH THE ACCESS CODE TO OPEN THE CABINET
5. The Defibrillator and Resuscitation Pack should be removed from the cabinet and the Ambulance Service will stay on the line and give verbal assistance if required.
6. Switch on the Defibrillator and IT WILL GIVE YOU VERBAL INSTRUCTIONS FOR USE.
7. The Defibrillator cannot be used incorrectly as it will only deliver a shock to the patient if it detects it is necessary.
8. There are scissors in the Resuscitation Pack to assist with the removal of clothing and a pocket rescue breath mask to carry out CPR.

REMEMBER – Think SAFETY

Before pushing the button, make sure everyone is clear and shout:

“STAND CLEAR - SHOCKING”

Speedwatch Seeks Volunteers



Norfolk Police aim to reduce accidents and deaths on our roads and in doing so, in conjunction with the Safety Camera Partnership, have empowered Community Speedwatch. This service enables villages to conduct formalised monitoring of vehicle speeds to maintain road safety.

Salhouse has participated in this service since 2008 by conducting observations at approved locations within the parish. This is based on a group of trained volunteers observing traffic at random times to monitor traffic speeds and record those over prescribed limits.

With this service we hope to keep our village roads a safer place for all.

To achieve an effective service we need additional volunteers and would ask that if you can spare an hour or so per month to assist please contact

Malcolm Prestwood on 01603 721110 or Steve Piper on 01603 720993

KEV'S BRAINBUSTER QUIZ – ANSWERS

Round 1

- 1 Philadelphia Eagles
- 2 David Lynch
- 3 Martin Fowler
- 4 Conclave and The Brutalist
- 5 Surrey

Round 2

- 1 True
- 2 True
- 3 False.... it's up to 98.8 %
- 4 True
- 5 False...NO snakes in New Zealand

Round 3

- 1 Maple leaf
- 2 Equador
- 3 Chile
- 4 Scafell pike
- 5 Italy

Round 4

- 1 Automatic Number Plate Recognition
- 2 National Aeronautics and Space Administration
- 3 Personal Identification Number
- 4 You Only Live Once
- 5 Automated Teller Machine

MILL KENNELS

Proprietor Rachel Burdett

**OPEN ALL YEAR ROUND
ONLY FULLY VACCINATED DOGS ACCEPTED
INDIVIDUAL DIETS CATERED FOR
MEDICATION GIVEN AT NO EXTRA CHARGE**

E-mail: carozza1@live.co.uk

Mobile: 07766101009

Kennels: 01603 720592



Platten Pest Control

*Rats, Mice, Wasps,
Moles, Rabbits etc:*

Wasps' Nests Destroyed -

**FREE SURVEY
24 HOUR SERVICE AVAILABLE**

Tel: 01692 631173

Fax: As above

Mobile: 07711 391839

GEORDIE'S WINDOW CLEANING SERVICE

***GUTTERS, FASCIAS &
SOFFITS CLEANED***

**YOUR LOCAL
FRIENDLY
SERVICE**

20 NORWICH ROAD SALHOUSE

Phone for a quotation on:-

01603 721402 or

Mob: 07768 428274

NEED HELP? Useful Contacts List:

Broadland District Council Help Hub - for help with obtaining basic essentials, money worries, isolation or loneliness, relationships, domestic issues - 01603 430431 also helphub@southnorfolkandbroadland.gov.uk

Salhouse United Charities—Financial assistance available to Salhouse residents in crisis. Call 01603 721201 in confidence.

Business Support - to access business support and funding - 01603 980441 or business@southnorfolkandbroadland.gov.uk

Carers Matters Norfolk - <https://carersmatternorfolk.org.uk> - 0800 083 1148 (Mon-Fri 9am to 5pm). For those with caring responsibilities.

Age UK Norfolk - telephone befriending and support for older people and their carers. 01603 787 111 - or phone advice line on 0300 500 1217 (Monday-Friday 10am to 4pm) or email advice@ageuknorfolk.org.uk . See website: ageuk.org.uk/norfolk

Samaritans - there for you, whatever you're going through. 24hrs a day, 365 days a year. Call free on 116 123, text SHOUT to 85258 or email jo@samaritans.org to receive a response within 24 hours. Letter writing and self-help app service also available.

You Are Not Alone (YANA) - support for those in farming or rural businesses. Call helpline 0300 323 0400 for confidential support or email help-line@yanahelp.org . See also <https://www.yanahelp.org>

Checkatrade - for a trusted tradesperson - <https://www.checkatrade.com>

MIND - mental health support - 0300 123 3393 or email info@mind.org.uk . Calls charged at local rates. Info line provides an information and signposting service. Open 9am to 6pm, Monday to Friday (except for bank holidays).

SANE - support for people with mental health problems, their families and carers. Call 0300 304 7000 4pm to 10pm, 365 days a year. See sane.org.uk for Support Forum and online non-urgent contact form.

BEAT eating disorders (Norwich-based) — see www.beateatingdisorders.org.uk and search local support - helpline: 0808 801 0677. Email help@beateatingdisorders.org.uk

BullyingUK - support against bullying for children and adults - Freephone 0300 323 0169 / telephone 0845 225 5787 or nationalbullyinghelp-line.co.uk

Switchboard LGBT+ Helpline - 0800 0119 100 - 10:00 - 22:00 every day or email hello@switchboard.lgbt (reply within 5 days). Webchat available daytimes.

The Bridge Plus+ - support for black and minority ethnic (BME) communities in Norfolk and those who have English as an additional language - 01603 617076 / text 07933 765 862 Facebook: thebridgeplus

Advertisers Index

ACCOMMODATION

The Old Barn B&B ----- 22

ARCHITECTS

Broadland Architects ----- 44

BUILDERS & CONSTRUCTION

J Newton Groundworks ----- 22

C&N Construction ----- 47

Mike Spanton-Plant Hire ----- 66

CHILDCARE

Mama Bear Childcare ----- 16

DOMESTIC/REPAIRS & SERVICES

Andrew Brierton, Appliance Repairs - 25

ELECTRICIAN

Critten Electrical ----- 57

FARM SHOP

RH Farms ----- 57

FINANCIAL SERVICES

Clear View Financial Services ----- 60

FITNESS

Fitness at The Street ----- 43

FLORISTS

Zoe Bidwell Bespoke Flowers ----- 55

FUNERAL SERVICES

J. Gedge & Sons ----- 49

GARAGE/VEHICLE SERVICES

Howes Motor Services ----- 24

Thorpe End Garage ----- 38

Salhouse Service Centre ----- 44

Robert Holden SAAB ----- 46

Max Bidwell Vehicle Repairs ----- 59

Craigs Mechanical Services ----- 60

GARDENING/LANDSCAPING

L & H Services ----- 23

G. Nicholls, Top Soil ----- 46

Rackheath Paving & Fencing ----- 47

Mower Doctor ----- 59

Salhouse Garden Centre ----- Inner Back

Target Trees ----- Back Cover

HAIRDRESSERS/BEAUTICIANS

Rachel Mobile Hairdresser ----- 23

Louise Hair and Beauty ----- 38

Pure Beauty ----- 43

HEALTHCARE

Hoveton Dental Clinic ----- Inner Front

Foot Health Professional ----- 22

Rackheath Pharmacy ----- 29

Hoveton Surgicentre ----- 34

Slimming World, Wroxham ----- 39

HOME IMPROVEMENTS

Guy Hubbard - Double Glazing ----- 25

Simon's Kitchens ----- 47

Broadland Flooring ----- 58

CTP Carpets ----- 59

KENNELS & PETS

Abbey Pets Crematoria ----- 15

Salhouse Dog Park ----- 40

Mill Kennels ----- 70

LEISURE/ENTERTAINMENT

Claire Carney, Floral/Balloons ----- 43

MUSIC TUITION

Carole Tims Piano ----- 46

PLUMBING & HEATING

Norfolk Woodburners ----- 16

Anglia Gas Services ----- 27

Bure Valley Woodburners ----- 38

Wroxham Heating J Middleton ----- 67

PROPERTY/MAINTENANCE/ODD JOBS

AAA Pest Control ----- 15

Blockbuster Drains ----- 16

The Dashing Chimney Sweep ----- 35

Handy Andy Odd Job Man ----- 59

Platten Pest Control ----- 70

TAKEAWAY FOOD

Nippy Chippy ----- 49.

WINDOW CLEANING

Geordie's Window Cleaning ----- 70



It's time to spring into action!

Pop by to your local Cherry Lane Garden Centre where we're bursting with value on everything for your garden!

GARDENING CALENDAR

MARCH

Plant bulbs for beautiful summer blooms.

APRIL

Plant up pot grown fruits such as strawberries.

MAY

Be inspired and add instant colour with bedding plants.

JUNE

Invite nature into the garden with plants and shelter.

The Watering Can

Cafe Bistro

Now serving a larger menu!
Freshly made, great value



Reward customers get more!

Sign up to our Rewards app to receive
10% OFF* your first shop with us!

*10% sign-up voucher only available to new members.

Scan to download



Plus!



EXCLUSIVE OFFERS



BIRTHDAY TREATS



PRIZE DRAWS & GIVEAWAYS



EXCLUSIVE ACCESS



EVERY 10th HOT DRINK FREE

Honeycombe Road, Salhouse, Norwich, NR13 6JP | 01603 722250 | cherry-lane.co.uk



TargetTrees™

PROFESSIONAL TREE MANAGEMENT
AND CONSULTANCY

All aspects of tree surgery, site management and consultancy services offered by a fully qualified, experienced & insured team.



Phone: 01603 916154 Email: info@targettrees.com

Website: www.targettrees.com