

# *The Salhouse* Saga



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**Village Magazine and Newsletter**

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**Summer 2024**

**Issue 122**

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**FITNESS**  
@ THE STREET  
**GYM IN SALHOUSE**  
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Front Cover: Kayakers on the Wherry Cut, Salhouse Broad, seen from the new boardwalk

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# Salhouse Saga

is published three times per year. It is delivered free to all households in the Parish of Salhouse, and is produced entirely by volunteers, including editorial, publication and distribution. Printing is covered by the advertising revenue, and any surplus will be donated to local causes. An online version is also available at:

[www.salhousepc.info/services&amenities](http://www.salhousepc.info/services&amenities)

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## Next Edition of the SAGA

An early reminder that the next edition of the  
Salhouse Saga will be in November 2024.  
**Copy deadline Friday November 8th**

*Editor's views are not necessarily those of the  
contributors. E&OE*

## **SALHOUSE CLUBS & GROUPS**



*At the Jubilee Hall unless  
otherwise specified*

### **Guides (1st Salhouse)**

Monday 6.30 - 8.00 pm

### **Brownies**

#### **(1st Salhouse)**

Tuesday 5.45 - 7.15 pm

### **Brownies**

#### **(2nd Salhouse)**

Tuesday 3.45—5.15pm  
Contact: - Natalie Archer:  
01603 927166  
1stsalhousebrownies  
@gmail.com

### **Rainbows**

Tuesday 5.30-6.30pm

### **Cubs**

Wednesday 6.00 - 7.30pm  
Contact: - Jackie Rose:  
01603 712520

### **Beavers**

Wednesday 4.45 - 5.45pm  
Contact: - Jackie Rose:  
01603 712520

### **Scouts**

Thursday 7.00 — 9.00pm  
Contact: - Simon Hill  
Salhousescouttroupe  
@gmail.com

### **Ping Pong (table tennis)**

Tuesdays 10am—12.00  
£2.00 Incl. refreshments  
Contact - David /  
Margaret Loveday:  
01603 781768  
4.haling@gmail.com

### **Salhouse and District Gardening Club**

3rd Tuesday of the month  
7.30pm at Woodbastwick  
Village Hall  
Nick Taylor :  
01603 720165

### **Tea and Mardle**

2nd Weds of the month  
2.00—4.00pm  
Julie Redburn  
01603 720049

### **Salhouse Reading Group**

1st Thurs of the month at  
7.00pm  
Julie Redburn  
01603 720049

### **Pilates**

Fridays 9—10am  
Jo Buckley  
07554 780591

### **Zumba Gold**

Every Thursday at 10am  
Sarah Chow  
07717 723713



## **VILLAGE CONTACT NUMBERS**

### **Hoveton & Wroxham Medical Centre**

01603 782155  
Out of Hours—111

### **All Saints Church**

Rector: Darleen Plattin  
01603 720966  
darleenplattin@btinternet.com

### **Church Warden:**

James Watts  
07814 292579  
payne2174@yahoo.co.uk

### **Salhouse VC Primary School**

Headteacher: Mrs J Church:  
01603 720402

### **Friends of Salhouse School (FOSS)**

Contact: Jodie Wardle /  
Jenny Cushing:  
foss2019@yahoo.com  
07709317186

### **Salhouse Broad**

Ranger: Kelly Banthorpe:  
01603 722775  
theranger@  
salhousebroad.org.uk

### **Jubilee Hall (Management)**

Martin Carney:  
07808 097924

### **Jubilee Hall (Bookings)**

Pat Barnes:  
01603 720466





## LOCAL COUNCIL CONTACTS

### Parish Council

**Parish Clerk**  
**Sarah Martin**

Spinners Cottage  
18a Honing Row,  
Worstead,  
Norfolk NR28 9RH  
Tel: 07761 480102  
clerk.salhousepc@gmail.com  
website:www.salhousepc.info

### District Councillors

**Martin Murrell:**

07958 393059  
cllr.martin.murrell@  
southnorfolkandbroadland.gov.uk

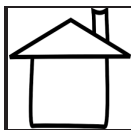
**Fran Whymark:**

07907163123  
cllr.fran.whymark@broadland.gov.uk

### County Councillor

**Fran Whymark:**

07907163123  
fran.whymark.cllr@norfolk.gov.uk



## VILLAGE SERVICES

### Mobile Post Office

Jubilee Hall Car Park  
Wednesdays 12.30—1.30pm

### Mobile Library

*The Mobile Library visits  
Salhouse on Tuesdays every 4  
weeks at the following  
locations and times*

**3.55/4.15** Cheyney Ave,  
outside 81

**4.20/4.40** Farman Close, No2

### Doctors Surgery

The Surgery at the Village Hall  
has been suspended indefinitely



## EMERGENCY NUMBERS

### POLICE

**EMERGENCY 999**

**NON EMERGENCY 101**

Ask for

**PC 855 Al Jennings**

**BEAT MANAGER**

**Thorpe St Andrew**

**Safer Neighbourhoods**

**Team**

**Norfolk Police H.Q.:**

01953 424242

**NHS EMERGENCY 999**

**NON EMERGENCY 111**

N & N Hospital

01603 286286

### GAS ESCAPE

Ring **Freephone**

**0800 111 999**

### WATER OR SEWAGE

Call Anglia Water on

**08457 145 145**

### FLOOD REPORTING

www.Norfolk.gov.uk/  
safety/floods/report-a-  
flood

### ELECTRICITY

Call 24 hours a day on

**105 or 0800 31 63 105**

**SALHOUSE  
ROVERS FC**



**Recreation Ground,  
Thieves Lane, Salhouse**

**Contact: - CHAIRMAN**

Ethan Simpson:

07939595247



## VILLAGE EVENTS

(At Jubilee Hall

unless stated)

### Defibrillator Training

4th October at 6.30pm

### Quiz Night

11th October at 8.00pm

## JUBILEE HALL BOOKINGS

Contact : Pat Barnes

**01603 720466**

Bookings taken

Mon - Fri: 9am - 6pm

Sat: 9am - 12noon

**DATES, TIMES AND  
CONTACT DETAILS ARE  
CORRECT TO THE BEST  
OF OUR KNOWLEDGE.**

**PLEASE DO NOT  
ATTEND ANY EVENT  
LISTED WITHOUT  
CHECKING WITH THE  
ORGANISER**

**ANY CHANGES PLEASE  
INFORM THE EDITOR SO  
THAT INFORMATION  
CAN BE UPDATED**

## PARISH NOTICE BOARDS

Right hand section is  
open to public to post  
notices (A5 size  
preferred)

Left hand section for  
Parish Council  
notices only

# From the Editor

**Dear Readers,**

You can read about some notable achievements, or nearly, in this issue of Salhouse SAGA.

We have a report from the Salhouse Broad Ranger on the completion of the restoration of the boardwalk, which had been unusable for several years. The staff and students of City College have done a great job completing this work. Whilst exploring the new boardwalk for the first time, I took the photo of two kayakers on the Wherry Cut which you can see on the front cover. I don't know their names, but I did promise them that if they allowed me to take their photo, they would be in the magazine. So, if that was you, and you've found us online, congratulations and thanks for making such a good front cover photo!

We were hoping to have a report on 'Salfest 2024', the village's fete and live music event, but sadly the weather caused its cancellation, or at least postponement, at the last minute. A lot of hard work by the events team had to be put on hold, but fortunately it was not all in vain, as the event is being re-scheduled, and by the time you read this, an announcement of the new date should have been made.

We also have a report from the Salhouse Scout Leader that the group's recent sponsored walk raised an incredible £875 which was donated to Caister Lifeboat. Very well done to them!

Some good news in recent days that Salhouse Garden Centre's future has now been secured, having been taken over by a larger company. We were particularly pleased that within days of the takeover, they had agreed to continue advertising in the SAGA, and had given us an updated ad. This shows great faith in the value of our magazine. It is important that local businesses such as this support us. It's not just a matter of money, it is about helping to create, and be part of, the local community. Please support our advertisers, who support us.

**Colin McCormick Editor**

# KEV'S BRAIN BUSTER—THE SAGA QUIZ



## Recent News

1. Which critically endangered animals were reared in the wild last month in Scotland?
2. Name the country whose space probe brought back rock samples from the far side of the moon.
3. What type of liquid was thrown at Nigel Farage whilst on the election trail?
4. Name the TV journalist who died while out walking on the Greek island of Symi?
5. Which member of the royal family was admitted to hospital after being struck by a horse?

## Television

1. How many celebrity chairs are used for the quiz 'The Wheel ' with Michael McIntyre?
2. Name the horse in the sitcom Steptoe and Son.
3. Total occasions to date that Ant and Dec have won a BAFTA award together?
4. Who was the first presenter of BBC's A Question of Sport?
5. Ex footballer Dion Dublin co-presents which day time show on the BBC?

## Sport

1. Name the new Norwich City football manager.
2. What was the final score and which teams competed in this year's FA cup final?
3. Scottie Scheffler was the winner of what tournament in April?
4. The London boat race is rowed between which two suburbs on the river Thames?
5. How many grand slam tournaments have been won by Sir Andy Murray?

## Films

1. What were the character names of Kate Winslet and Leonardo de Caprio in Titanic?
2. How many total official 007 James Bond films have been made to date?
3. Russell Crowe played which character in the Epic showpiece Gladiator?
4. Who was the first leading black actress to win an oscar in Monsters Ball back in 2001?
5. Lord of the Rings scenes were all filmed in which country?

## Answers on Page 69

## From The Parish Council

The **Annual Parish Meeting** held in April heard many reports from local groups on what they have done over the last year and plan for the year ahead.

It was sad to see **SalFest** cancelled at the weekend due to the weather, however we look forward to hearing the rearranged date for this community event.

The Parish Council has continued to meet monthly, however it does not meet again until Monday 9<sup>th</sup> September. Minutes from all the Parish Council meetings are available on the website [www.salhousepc.info](http://www.salhousepc.info).

The Parish Council also has 2 vacancies – this is a challenging but rewarding volunteering role – please contact the Clerk if you would like any further information.

**Date for your Diary** – On **Friday 4<sup>th</sup> October 2024**, starting at 6.30pm in the Jubilee Hall, the PC is hosting with Community Heartbeat Trust a **Defibrillator Awareness Session**. Every resident in Salhouse is welcome to attend to find out more about these life saving devices. You can inform the Clerk in advance if you would like to attend, alternatively you are welcome to just turn up on the evening.

In the last couple of months a **new dog bin** has been installed on Howletts Loke and the Parish Council has received positive feedback on this asset. A new post has been installed for the reinstatement of the dog bin in the Church car park. The Parish Council invests monies to have these assets for use by all, however a polite reminder that dog owners are responsible for ensuring cleaning up dog fouling.

The Parish Council continues to collect traffic data from our **SAM2** devices around the village. Analysis of this data continues to show high volumes of speeding. The Parish Council works closely with the Police and Highways to investigate speed reduction solutions.

**GT16 – North Rackheath Development** –there is no update report for this edition of the SAGA as we are still waiting for the revised outline plan to be submitted by Taylor Wimpey.

The Parish Council is working on a **Biodiversity Policy** which will aim to conserve and enhance biodiversity in the Parish. Part of this will include improving Bell Pond which has become very overgrown and needs some TLC. Grants are being sought and we will be working with local landowners to get this project off the ground.

If you have any ideas or suggestions to **help conserve and enhance biodiversity and conservation** we would like to hear from you.





## Neighbourhood Plan

Neighbourhood planning enables communities to play a much stronger role in the shaping of the area in which they live and work and in supporting new development proposals - this is because the Neighbourhood Plan forms part of the Development Plan and sits alongside the Local Plan prepared by Broadland and South Norfolk Council. Decisions on planning applications are made using both the Local Plan and the Neighbourhood Plan, together with any other material considerations.

Neighbourhood planning provides the opportunity for communities to set out a positive vision for how they want their community to develop in ways that meet identified local need and make sense to local people. They can put in place planning policies that will help deliver that vision or grant planning permission for the development they want to see.

The Parish Council would like to form a **neighbourhood plan review working group** to include members from the council and the wider community to carry out a detailed review of the existing plan. If you would like to be part of this working group please contact the Parish Clerk.

~ ~ ~

## Report It !

**Broadland District Council** are responsible for **dog fouling** and **emptying of dog and litter bins**, so if you spot any issues relating to these please report here:

<https://www.southnorfolkandbroadland.gov.uk/neighbourhood-issues/dog-fouling>

**Norfolk County Council** are responsible for **all** Highways issues - **potholes, overgrown verges and footpaths, damaged road signs, flooding** and issues should be reported direct here:

<https://www.norfolk.gov.uk/roads-and-transport/roads/report-a-problem>

~ ~ ~

Please note the **Parish Council has a new telephone number – 07761 480102.**

The Clerk works only part time and therefore this number will only be monitored during working hours. The best way to contact the PC is always via email:

[clerk.salhousepc@gmail.com](mailto:clerk.salhousepc@gmail.com) .

Finally, we hope you all have a wonderful summer!

Robert

**Robert Cooper**

**Chair of Salhouse Parish Council**

# Salhouse Parish Council

Chair:	Robert Cooper	
Vice Chair:	David Francomb	
Councillors:	Nick Ball	Julie Redburn
	Andrew Peachment	Lynn Yallop
	John Leathers	Gary Browne
	Wendy Browne	(two vacancies)
Tree Steward:	James Cleaver	Tree Adviser: Ian Flatters

All correspondence should be addressed to the Clerk: -

## Parish Clerk & Responsible Financial Officer:

Mrs Sarah Martin

Spinners Cottage, 18a Honing Row, Worstead, Norfolk NR28 9RH

Phone: **07761 480102**

Email: **clerk.salhousepc@gmail.com**

For more information, go to our Website: **www.salhousepc.info**

## Local Council Roles and Responsibilities

The **Parish Council** is the local authority that represents the local community, acts as first point of contact, delivers some services to meet local needs and strives to improve quality of life in the Parish.

**Broadland District Council** is the **Local Planning Authority (LPA)**. The Parish Council as a statutory consultee is consulted and can comment on Planning Applications in the Parish; however, decisions lie with the District Council (or Broads Authority if applicable).

**Broadland District Council** is responsible for:

Council Tax collection	Street cleaning
Housing	Refuse collection
Economic development	Environmental Health
Leisure facilities	Planning and Building Control

<https://www.southnorfolkandbroadland.gov.uk/>

**Norfolk County Council** provides strategic and bigger budget services to the County, including Highways, Social Services, Trading Standards, Fire and Rescue, Transport, and Education - <https://www.norfolk.gov.uk/>

To report a **Highways Defect** including flooding and potholes:

<https://www.norfolk.gov.uk/roads-and-transport/roads/report-a-problem>

**Flooding Hotline** call 0344 800 8013

To report a burst water main or sewer flooding contact **Anglian Water**:

<https://www.anglianwater.co.uk> telephone: 0345 7145 145

If people or property are in immediate danger from floodwater

**Call 999 Immediately**



## Salhouse Parish Council Meetings Summer/Autumn 2024

Monday 8th July

No meeting scheduled for August

Monday 9th September

Monday 14th October

Monday 11th November

Meetings will normally be held on the second Monday of each month at 7.00 pm at Salhouse Jubilee Hall, unless advised otherwise

**Village Website:** due to the retirement of the Webmaster and the software being no longer supported, the [salhousevillage.org](http://salhousevillage.org) website is not being updated, but it may still be found by some search engines. Information is liable to become increasingly out of date. We regret we have no control over this.

Current village information is available on: [www.salhousepc.info](http://www.salhousepc.info)

### PC 855 Al Jennings

**Beat Manager—Thorpe St.Andrew**

Email: [SNTThorpeStAndrew@norfolk.police.uk](mailto:SNTThorpeStAndrew@norfolk.police.uk)

Phone: 101—ext.6724

Twitter: [@BroadlandPolice](https://twitter.com/BroadlandPolice)



**NORFOLK**  
CONSTABULARY  
*Our Priority is You*



**Norfolk** County Council



Back in April, a Public Space Protection Order was launched in collaboration with Broadland District Council, with the idea of allowing greater enforcement of vehicle anti-social behaviour by both parties.

Vehicle ASB, such as performing stunts, playing loud music, and using obscene language, can cause criminal damage, danger to other road users, as well as disruption and intimidation to residents in the area.

This PSPO now allows both the council and police to enforce behaviour in accordance with conditions of the order, and taking part in vehicle ASB can lead to a fixed penalty or prosecution with a maximum fine of £1000.

We understand that there have been previous concerns of vehicle ASB at the Salhouse recreation ground, with unnecessarily large gatherings and doughnuts being performed. This PSPO will help to nip this behaviour in the bud, so long as it's called in while it's happening.



# County and District Councillors' Report

Well, a week really is a long time in politics! As you will all know we now have a new Prime Minister and Government. In politics we all have different ideas about how we should approach issues (what is the most important?) but the overriding aim should always be making life better for all of us, I hope the next Parliament achieves this.

At Broadland District Council it would be true to say that not very much is happening. We continue to try to work with the leading groups and hope that this bears fruit (for all of us) over the coming months.

You will be pleased to know that the A47 safety improvements can now be completed. The Supreme Court has dismissed the application to appeal from Dr Boswell. Like you, we look forward to seeing work completed and driving along the dualled A47 soon.

Norfolk County Council (NCC) have submitted a planning application for the Norwich Western Link. Go to the NCC website and search for FUL/2024/0022. NCC in its role as the planning authority will now run a statutory public consultation to 18<sup>th</sup> July 2024.

At NCC we have a new Chairman, Cllr Stuart Dark. The Chairman's theme for this year is volunteering. Many of you are volunteers and have been for many years, often without even thinking about it. There are so many ways to get involved and help out in your community. Voluntary Norfolk run 'Get Involved', go to <https://www.voluntarynorfolk.org.uk/> and follow the link to find out about opportunities that may interest you.

Finally, we really hope that the rain stops and we get a bit of sunshine in our lives. Like you we were disappointed that SalFest had to be cancelled. Let's all hope that the sun shines for the re-arranged event and it is a great success.

Whatever you do this summer relax and enjoy.

**Fran Whymark and Martin Murrell**

## **NEWS RELEASE—Work to start on new Rackheath 'Health Hub'**

Construction company Darwin Group have announced that construction of the new 'modular build' medical centre on Broad Lane, Rackheath will commence on **Monday 5th August**. The buildings will be largely constructed off-site, and will arrive as 45 separate units totalling 1500m<sup>2</sup> floor space which will arrive by lorry and be craned into position. This operation will commence early October for about 7 days. The company have written to say they are putting in place comprehensive measures to reduce inconvenience to local residents. The new facility, to be shared by Salhouse residents, should be completed in Spring 2025.



# County and District Councillors

## Fran Whymark and Martin Murrell

### Martin Murrell

Broadland District Councillor for the Wroxham Ward

Email: [cllr.martin.murrell@southnorfolkandbroadland.gov.uk](mailto:cllr.martin.murrell@southnorfolkandbroadland.gov.uk)

Tel: 07958 393059

### Fran Whymark

Broadland District Councillor for the Wroxham Ward

Email: [cllr.fran.whymark@southnorfolkandbroadland.gov.uk](mailto:cllr.fran.whymark@southnorfolkandbroadland.gov.uk)

Tel: 07907163123

County Councillor for the Wroxham Division

Email: [fran.whymark.cllr@norfolk.gov.uk](mailto:fran.whymark.cllr@norfolk.gov.uk)



Cllr Fran Whymark



@CllrFran

## DEFIBRILLATOR AWARENESS TRAINING



Did you know, the parish has four defibrillators for public use?

**SALHOUSE PARISH COUNCIL**

together with the **Community Heartbeat Trust**  
is hosting a **Defibrillator Awareness Training Session** .

**FREE—ALL WELCOME**

**When:** Friday 4<sup>th</sup> October 2024, 6.30pm

**Where:** The Jubilee Hall, Salhouse

**It is really worthwhile** to find out more about how to use these life saving devices. Booking not essential. you are welcome to just turn up on the evening.

**FOR FURTHER INFORMATION, PLEASE CONTACT THE CLERK**

## Friends of Salhouse School



FOSS have had a very busy year raising funds for the school. Earlier in the spring we held our successful garage sale around the village, lots of people turned up looking for bargains and we raised £256.94 for the school. The event was so popular we are aiming to hold another one later on in the year.

We have also just held our Salhouse Summer Social, and amazingly it didn't rain. We had Moores Madness entertaining the kids and lots of stalls, games, bouncy castle, gladiator dual, face painting, rounders, tug of war and lots more. We had an amazing turnout and raised a massive £2,224 for the school. With the money we are hoping to transform the school library. We would like to say a massive thank you to everyone who came to the social, who volunteered at the event, who donated raffle and tombola prizes and a big thank you to Hilltop Café in Rackheath who donated all the food for BBQ and lent us the BBQ itself.

So far this year we have paid for an all-school trip to the hippodrome circus including travel, hoodies for the leavers, easter eggs for all the children, school trips to Norwich Gymnastics, the Sainsbury Centre, and the Time and Tide Museum, purchased keyboards, and also have paid for the year 3 and 4 girls to play football with the Norwich City Community Sports Foundation.

In September numbers will be available to purchase for the FOSS Lottery, numbers are drawn each month, the cost per number is £1 per month. Half of the money raised goes towards the school and half of the money goes toward cash prizes. The more numbers purchased the larger the cash prizes. Anyone interested in signing up if you could email:

**[sabaxter1@hotmail.co.uk](mailto:sabaxter1@hotmail.co.uk)**

FROM THE CHURCH WARDENS

## YOUR CHURCH NEEDS YOU!

### COMMUNITY PICNIC AND CHURCHYARD CLEAN

Get involved and make a difference for the community

Come and help us on **Saturday 3<sup>rd</sup> August 10-1 and 2-5**

Venue: All Saints Church, Bell Lane, NR13 6HD

Salhouse churchyard is rare unimproved grassland going back 950 years to Norman times. Nowadays like many Norfolk churchyards it is home to rare wildflower species no longer common elsewhere. We are working with the Norfolk Wildlife Trust (NWT) to support these and the pollinators dependent on them.

**Our goal:** we still need to manage the churchyard, and so we want to cut and rake the churchyard once the wildflowers have bloomed and gone on **Saturday 3<sup>rd</sup> August** (subject to dry weather on the day).

- Please bring strimmers and rakes (we will have some hay rakes available)
- Please be mindful of safety when using equipment
- For safety reasons, we do not recommend bringing young children
- Bring a picnic and blanket – free refreshments available in the church.

**Did you know?** The Church of England gives no money for church maintenance, and we have limited funds. We are very grateful therefore to Salhouse Parish Council for giving us a yearly donation which allows us to maintain the most recent and most visited part of the churchyard.

Your help will ensure we can keep the churchyard looking smart through the summer and autumn and help preserve our increasingly rare natural treasures.  
**Thank you.**

**Friday Working Group:** a small group is helping with general church maintenance tasks on Fridays 10.30-12. Meet at the church. New members welcome. Free refreshments available.

**More information:** please contact James Watts (Church Warden) on 01603 720445.

## PRESS RELEASE

### Cherry Lane acquires Salhouse Garden Centre



Value garden centre group, Cherry Lane, has acquired Salhouse Garden Centre in Salhouse, Norwich. The Garden Centre is now known as Salhouse Garden Centre by Cherry Lane.

Nick Rubins, chief executive of the QD Group which owns Cherry Lane, said: “I am delighted to announce the acquisition of a new garden centre in our heartland Norwich. The garden centre will continue to trade as Salhouse Garden Centre by Cherry Lane and is our 21<sup>st</sup> garden centre in the group (18<sup>th</sup> Cherry Lane). We have some improvements and developments planned, to both the garden centre and the café, over the upcoming months and the centre will remain open whilst we do this work. As a family run business, we look forward to continuing to work with our local community and introduce our great value, excellent quality and ever-changing spectacular new deals. We continue to be very excited about the opportunities to grow the business over the next few years.”

Salhouse Garden Centre by Cherry Lane is the 18<sup>th</sup> garden centre owned by the QD Group.

Cherry Lane aims to enhance customer enjoyment and experience with great value and quality products, from garden furniture, a comprehensive pet department and wild bird care, not to mention seasonal special offers and the wonderful array of plants; many grown within the Group’s four nursery operations located across the country.

Salhouse Garden Centre by Cherry Lane is located on Honeycombe Road, Salhouse, Norwich, and is open daily.

For more information on Cherry Lane, visit [www.cherry-lane.co.uk](http://www.cherry-lane.co.uk)



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**SALHOUSE UNITED CHARITIES  
here to ease the *pinch***

**The trustees of Salhouse United Charities are:  
Pauline Garner (Secretary), Graham Johnston, Martin Murrell (Vice-Chair),  
Stephen Piper (Chair) and Rev Darleen Plattin.**



## **Health Matters –** **Summer 2024**

*An occasional update from  
Hoveton & Wroxham Medical Centre*



### **Autumn Flu and Covid Clinics**

This year the practice intends contacting all eligible people for flu vaccine and covid vaccines during the late summer to invite them to book an appointment. They will be sent a link to book their vaccines directly.

There will be Saturday clinics and clinics during the week.

### **New RSV (Respiratory Syncytial Virus) immunisation programme**

This new programme of vaccinations will start this autumn for people aged 75-79 years and for people who are at least 28 weeks pregnant. Eligible people will be invited.

RSV is a common respiratory virus that can cause serious lung infections. The risk of complications are increased in older adults and in new and small babies.

### **New Website:**

The practice has a new website here : [hovetonandwroxhammedicalcentre.nhs.uk](https://hovetonandwroxhammedicalcentre.nhs.uk) You can use the new website to make, cancel or change an appointment, order your repeat prescriptions, request a sick note for work, get test results and register as a new patient.

### **The NHS Digital App**

We are promoting the NHS digital app. More information can be found here: [About the NHS App - NHS \(www.nhs.uk\)](https://www.nhs.uk/about-the-nhs-app)

The app can be downloaded onto smartphones and repeat prescriptions can be ordered and records viewed. In the future there will be a growing number of services via this route.

If you require help downloading the app please ask reception.

### **Clinics outside core hours**

If you are offered an appointment outside core hours ( 08.30-6pm) Monday to Friday we ask that you park towards the back of the building and ring the bell on the back door and a receptionist will come to meet you. The main front doors are not open.

### **Unused Medications**

If you have medications at home you are not using, these can be returned to dispensary. Please let the practice know if you are not using the medication so that your GP is aware. If you are struggling to take a medicine, please speak with your dispenser.

### **Hoveton and Wroxham Medical Practice Patient Participation Group (PPG)**

We have a very active and enthusiastic Patient Participation Group (PPG) who meet regularly and support patients and the practice by arranging events such as the Health and Wellbeing events. The PPG are very keen to speak to anyone with a few hours spare a month to help at their meetings and at events and activities in the future. If you are interested in registering your interest which will not commit you in any way , please go to : [Patient Participation Group Registration | Hoveton & Wroxham Medical Centre \(hovetonandwroxhammedicalcentre.nhs.uk\)](https://hovetonandwroxhammedicalcentre.nhs.uk/patient-participation-group-registration)

**Heather Leishman, Practice Manager email: [heather.leishman@nhs.net](mailto:heather.leishman@nhs.net)**



# Wroxham, Hoveton & Belaugh Voluntary Community Care Transport to Medical Appointments

Charity No. 1044332

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**Note- We have wheelchairs to assist but none of our cars is wheelchair accessible.**

We are a Charity urgently in need of drivers to join our band of volunteers to take people to medical appointments. This much needed transport service provides assistance for anyone registered at Hoveton and Wroxham Medical Centre. Our area includes our surrounding villages but only for those people registered at this practice. Since we extended our area of service to include Salhouse, Rackheath, Horning, etc. the demand for our service has doubled which is why we need more drivers, particularly those living in these villages.

Our service takes people to and from all forms of medical appointments including Hospitals, Dentists, Opticians as well as the Surgery.

Drivers are reimbursed to cover fuel costs etc. and all have to be fully vaccinated, own a mobile phone and are DBS checked.

**Remember, one day you may not be able to drive yourself !**

If you own a car and can spare a few hours a week, please contact us on

01603 784455 or email [lizandterry@btinternet.com](mailto:lizandterry@btinternet.com)

**PLEASE HELP US -WE NEED MORE DRIVERS**



# From the Rectory

## Dear Friends

It is that time of year when many of us are busy in our gardens, as I walk around the village, I see some wonderful gardens which have had hours of work spent in them to produce an array of colour and an abundance of flowers and vegetable. I enjoy gardening, it is one of the things I inherited from my grandmother. I am not sure that having me alongside her in her garden, with my miniature wheel barrow, saying nanny what are you doing or nanny what's that was always appreciated but she had the patience to nurture my interest, the time to help me learn the skills and the wisdom to know that the time we spent outside together was precious time that went beyond the tasks we were doing.

There is something about spending a few hours digging or weeding that is very satisfying, it's easy to lose track of time and it is a good thinking time. There is also an awareness of creation and the part we play as stewards of all that God has created and given to us.

I have had the following piece of advice on gardening for some years and offer it to you as something to think about as you go about your gardening.

## How to plant for the garden of your daily living:

### Plant three rows of peas

1. Peace of mind
2. Peace of heart
3. Peace of soul

### Plant four rows of squash

1. Squash gossip
2. Squash indifference
3. Squash grumbling
4. Squash selfishness

### Plant four rows of lettuce

1. Lettuce be faithful
2. Lettuce be kind
3. Lettuce be patient
4. Lettuce really love one another

### No garden is without turnips

1. Turnip on time
2. Turnip for service
3. Turnip to help one another

### To conclude, we must have thyme

1. Thyme for each other
2. Thyme for family
3. Thyme for friends

### Water freely with patience and cultivate with love.

There is much fruit in your garden because you reap what you sow.

### Happy growing!

With every blessing  
*Darleen*

As always, Darleen is available to visit at home or in hospital whether you are ill, recovering, or just want to see someone, please telephone. Communion at home can be arranged for those who because of illness or frailty cannot attend church, again please telephone. Enquires for Baptisms, Thanksgiving services, Weddings and Services of Blessing after a Civil Marriage or Partnership are always welcome, please telephone or email. On the sad occasion of a bereavement please contact Darleen or ask the Undertaker to do so to arrange a service in church or at the crematorium.

**Rector: Revd Darleen Plattin,**

The Rectory, 56 Green Lane West, Rackheath, NR13 6PG.

Tel: 01603 720966.

Email: [darleenplattin@btinternet.com](mailto:darleenplattin@btinternet.com)

### **Harvest Thanksgiving**

Sunday 29<sup>th</sup> September, 10.30am at Witton church.

### **Regular Services in The Bittern Benefice**

On the 1<sup>st</sup> Sunday of the month there is either a 9am short service of Holy Communion or a 10.30am service of Morning Worship at Salhouse, these alternate with Lt Plumstead.

There is a 10.30am service in the Benefice on the 2<sup>nd</sup> (Holy Communion), 3<sup>rd</sup> (Third Sunday Praise) and 4<sup>th</sup> (Holy Communion) Sunday of each month. On the 3<sup>rd</sup> Sunday there is also a 9am short service of Holy Communion at Gt Plumstead or Witton.

Full details of all services are on the noticeboard in the church porch.

### **Salhouse church is normally open daily between 10am and 3pm**

If you are looking for a quiet space to reflect, think or pray do wander in and sit for a while. There is also a prayer tree where you can leave your prayer requests, these are gathered up regularly and prayed through at morning prayer.

### **Christenings (Baptism)**

If you are thinking about having your baby/child christened, please contact Revd Darleen for details of how you can arrange to have the service at one of our 5 Churches, Gt. Plumstead, Lt. Plumstead, Salhouse, Rackheath or Witton. Services are normally held on a Saturday, or on a Sunday afternoon. The service typically last 30 minutes, you can choose readings & hymns (or not) and the service sheet is personalised to your child. There is no charge for the service (only for any extras you choose to add, such as an organist). We have an inclusive approach and welcome everyone who would like to bring their baby/child to be christened. We also offer Baptism for adults.

# J NEWTON GROUNDWORKS

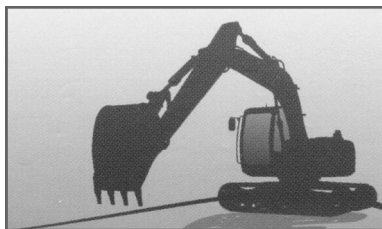
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# Rackheath WI Evening Institute



In April, Rackheath WI celebrated their 43<sup>rd</sup> Birthday with a social evening of table quizzes, cakes and fun. A 43<sup>rd</sup> Birthday Card competition was well supported with some lovely cards. Members voted for the winning entry with coins which were donated to the WI Charity ACWW. We ended a pleasant evening by cutting a Birthday Cake, singing Happy Birthday and every member receiving a small gift.

Our Fund Raising Quiz and Chips evening in May was the usual resounding success greatly enjoyed by members and visitors from other WIs. A delicious fish and chip supper was provided by Jason's Rackheath Fish Shop. The excellent quiz, compiled by Joan Middleton, was won by a team from City WI with the booby prize going to a Rackheath team.

In June, member Wendy Browne, invited us to an afternoon tea at her new house in Salhouse. We enjoyed a tour of her lovely home, delicious food and good company.

Andy Malcolm, our June speaker, from the Seamans Mission, kept us entertained with sea Shanties, a fishy quiz and tales both amusing and emotional as he talked about the invaluable work done by the charity.

In July at Rackheath School fete we are having a Tombola Stall where Rackheath WI members donate prizes. Also in July we are looking forward to another Boogie Cruise being an annual evening trip from Wroxham on the Vintage Broadman.

We are always happy to welcome visitors and new members. Call Frances Pointer 01603 720796 or Jane Nock 01603 438363 for further information.

# Rackheath Pharmacy

We are now taking bookings for autumn vaccinations (covid 19 and flu) according to government guidelines

Please call to book on 01603 721156 or come into the Pharmacy



We offer repeat prescription service as well as many more!

Also, offering the new pharmacy services:

-Blood pressure monitoring

Sinusitis – Acute sore throat – Impetigo – UTI – for women aged 16-64  
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Please call us for details.

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NR136QS



# Wroxham Library



Below are some of the events and services we offer but see our Facebook page or call the library on 01603 782560.

- **NEW Send Café** Friendly and supportive sessions aimed at children with SEND. Meet up with other families, share ideas and have some fun! The cafes are free, on a drop in basis, so no booking required, every other Tuesday 3.30 -4.30 (9<sup>th</sup> and 23<sup>rd</sup> July).
- **NEW The Summer Reading Challenge 2024** will be launching in Norfolk Libraries on 6<sup>th</sup> July and is a FREE holiday activity for children aged 4-11. It's all about reading for fun, aiming to improve children's reading skills and confidence. Children can read anything they like (really – anything!) and collect free rewards for their reading. For under 5s there is a mini challenge, so they don't miss out. The theme this year is 'Marvellous Makers'. Along with their pack, children will have the opportunity to be involved in lots of fun, free activities taking place in the library and get to set their own reading challenge (we recommend six books over the six-week period.) They will collect stickers along the way, too! Children can sign up to the challenge at their local library and will need to be library members to join.
- **NEW Toys** We have a new selection of toys and games that can be played with in the library, from Duplo, and counting games, to jigsaws. Look in our folder to see what is available.
- **International Welcome** Free advice and support for newly arrived communities, with issues such as housing, employment, and language, also library access. Drop-in sessions Thursday 10.30 -12.30pm. There is no session 4<sup>th</sup> July then after 11<sup>th</sup> July sessions will be fortnightly. Or email [migrantsupport@norfolk.gov.uk](mailto:migrantsupport@norfolk.gov.uk)
- **Autism Social Group** Come to a friendly social group for a cuppa and a chat. No need to book, all welcome. Change of day first Wednesday of every month 1-3pm.
- **Crafting** Alternate Saturdays (staff dependent), 10.30am – 3pm. Aimed at children aged 5 -11 (under 8s require supervision).
- **Coding Club** Our coding club will be re-starting soon. Please contact the library for more details and to reserve a space.
- **Knit and Natter – not just for knitters!** Bring your embroidery, textile, or crochet project along to our informal gathering. Thursday 4<sup>th</sup> July, 2.00- 4.00pm and Thursday 18<sup>th</sup> July 2.00 – 4.00pm.
- **Crib Club** (Cribbage card game) – new players welcome -Thursday 11<sup>th</sup> July 2.00-4:00pm. Please bring your own board and cards if you have them.
- **Scrabble Club** Last Thursday of each month from 2.00-4.00pm. Thursday 25<sup>th</sup> July. All welcome.

**Thinking of starting up or growing your own business?** As a local Business and IP Centre, we have free access to a wide range of business resources at Wroxham library. Find out more at: [www.norfolk.gov.uk/bipcnorfolk](http://www.norfolk.gov.uk/bipcnorfolk)

- **Just a Cuppa**, every Tuesday 10.00 – 12pm. Come along for a friendly chat over a cup of tea or coffee and a biscuit.
- **Our Bounce and Rhyme** sessions take place on Wednesday at 10.30am. No need to book just drop in and sing along!
- **Story Explorers**, is a reading adventure for children aged 0 – 5. To sign up and find out more, simply visit the library and speak to a member of staff.
- **Family History** – Use our free access to Find My Past any time the library is open. Drop-in on Wednesday and Friday evenings between 4.00pm and 6.00pm to get advice from Diane, our family and local history expert.
- Book one 60 or 120 minute session per day on a computer. Contact the library on 01603 782560.
- Return items through the drop box or self-service kiosks
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### **Housebound Library Service**

If you are unable to get out to the library to get your library books, we can bring them to you! Details from the library.

**Our normal opening hours are below, though please check for updates on our Facebook and Webpages. We have further extended our opening hours with the Open Library service – contact the library for more information.**

- Monday: Closed
- Tuesday: 10 - 7
- Wednesday: 10- 7
- Thursday: 10-7
- Friday: 10-7
- Saturday: 10- 4
- Sunday: Closed

Visit our Facebook page <https://www.facebook.com/wroxhamlibraryofficial> for updates on events and activities.

**[www.norfolk.gov.uk/libraries](http://www.norfolk.gov.uk/libraries)**

To see our email disclaimer click here: <http://www.norfolk.gov.uk/emaildisclaimer>

**Wroxham Library, Norfolk Library and Information Service,  
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## Welcome to New Residents

This issue sees a small increase in the circulation of the SAGA, with two new residential developments each of four dwellings now nearing completion, at Hewetson Close and Potters Meadow. We extend a warm welcome to these new residents, and also to the residents of Wright's Meadow, off Howlett's Loke, which was completed in 2022.

How did these developments get their names? New street names in Salhouse are normally chosen by Broadland District Council, from a shortlist of suggestions from the Parish Council. There seems to be a tradition of allocating street names to persons of local historical significance or a connection to the site, although it is not permitted to use the names of persons still alive.

### HEWETSON CLOSE

Hewetson Close is named after Captain Philip Hewetson, who was the only officer from WW1 named on Salhouse War Memorial. His father was Rev. William Hewetson, Vicar of Salhouse. Captain Hewetson fought in France and was first wounded in 1915. He returned to action and was wounded again in 1918, from which he later died. During his time in France, he wrote extensively to his parents about his experiences in the war; these letters survived and were considered so significant they are now preserved at the Norfolk Records Office, and are also available as a book.



Potters Meadow is named after Frank Potter, who owned the land and lived at the bungalow 'Meadow Hill'. Mr. Potter was the owner of Potter's Estate Agents in Norwich, at the junction of King Street and Prince of Wales Road. He was a well known character in Salhouse, and on his land, where the development is now, he kept a variety of animals, including horses, ponies, goats and rare-breed long-horned sheep. It is said that at one time he had some kind of big cat, possibly a puma. He also had peacocks, which could be heard all over the village. Mr and Mrs Potter moved from the village in the late 1990's, but sadly both passed away within a few years.



Wrights Meadow is named in memory of the site owner's grandfather, Jonathan Wright (1910—1989). Although there is no direct Salhouse connection, the QR code on the sign leads to the fascinating story of his early life growing up in Norwich in the early 20th century.

## SALHOUSE READING GROUP



Hello again. Just a reminder that the Reading Group meet on the first Thursday of the month at Jubilee Hall.

The start time is 7.00 p.m. but the readers drift in or out, depending on their commitments. The meeting is really very casual.

If you enjoy books, our current list is :-

August - The Immortalists - Chloe Benjamin

September - A Single Thread - Tracey Chevalier

October - Demon Copperhead - Barbara Kingsolver

More titles will appear on the noticeboards around the village.

**Julie and Carol**



# HOVETON SURGICENTRE

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Team members from Salhouse Broad and City College Norwich on completion of the Wherry Cut Boardwalk.



Rackheath WI members enjoying afternoon tea at Wendy Browne's home in Salhouse



Max's Mustang at the old Salhouse equestrian centre, Lower Street, in 1994



Salhouse Gardening Club members getting lost in the jungle at Hensted Exotic Garden  
Salhouse Saga—Summer 2024





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## CLASSIC CARS IN SALHOUSE

Salhouse Equestrian Centre was once the location for a magazine photo shoot featuring a famous American model!!.

The model in question was a 1965 Ford Mustang. In 1994 this car, a pristine original example belonging to Max Floyd of Salhouse, and recently imported from California, was displayed on the 30<sup>th</sup> Anniversary Mustang Owners Club stand at the NEC, where it won the Best 64-66 Coupe award.



An auto journalist working for a classic car magazine spotted the model at the show and thought he could use it in an article which would compare the new 1994 version Mustang, just introduced by Ford Motor Company, to the iconic ‘ponycar’ which first appeared in 1964. The article needed some photos, hence the photo shoot. The Salhouse Equestrian Centre (now nos. 23/A/B/C Lower Street) was selected as the venue because Mustangs are horses, after all!

One grey day the journalist, wearing a Howard Hughes style western jacket, turned up in Salhouse with a brand new borrowed 1994 Ford Mustang and a professional photographer, and the shoot took place with the help of the groom and a horse supplied by the Centre. (see Page 37).

Photos were taken at the stables, together with ‘high speed’ mobile shots of the two cars side by side along Low Road between Thieves Lane and Primrose Corner. Unfortunately, the article was never published as promised. It was pulled for another story. But the Mustang still got its moment of fame, as it also attracted the interest of former Top Gear presenter Quentin Willson, who booked the car for a studio photo shoot for his coffee-table book “The Ultimate Classic Car Book”, published by Dorling Kindersley, where it had a four-page spread.

Sadly, Max passed away in 2023, and the Mustang, which he maintained fastidiously for over 30 years, was sold to a new owner, who is hopefully now enjoying it in its 60<sup>th</sup> anniversary year.

For many years, classic car enthusiasts enjoyed the Salhouse Bell Car Club, which held monthly meetings, open to anyone interested in cars, old or unusual, at the pub. The club was very democratic; there was no chairman or committee. If you came up with an idea, you organized it. Over the years there were rallies, factory and museum visits, car shows at the pub, skid pan and driving days, BBQs and the annual Christmas meal. Sometimes there were guest speakers, too.

Classic car enthusiasts still get together at The Lodge, Salhouse on alternate Tuesday evenings in the summer. If you have an interesting car you want to show, or just like looking, please come along.

**Beverly Floyd**

## Greetings from Team Salhouse, it's a great summer of sport



Since the last edition of Saga, Team Salhouse volunteers have been busy around the village. The Spring plants have gone and the flower beds all around the village have been replanted to give a show of colour for the summer.



The work doesn't stop there of course, the plants will need watering and dead-heading.



Team Salhouse would like to thank residents who take responsibility for the watering and allowing us to use their water supply to keep the beds looking pristine.

Litter picking continues as normal, summer being a particularly busy time. Team Salhouse volunteers have received complaints from people in the village that there seems to be an increase in dog poo left on footpaths, pavements and grass areas.

If you see dog poo anywhere and are unable or unwilling to deal with it please report it by email to [team.salhouse@gmail.com](mailto:team.salhouse@gmail.com) with a note of where it is, a picture if possible, and one of our volunteers will try to clear it up.

Responsible dog walkers are not the problem and sometimes, especially in hot weather, dogs can have tummy troubles but, if there is poo, Team Salhouse will try to sort it.



If only your doggie could talk  
when you're taking him out for a walk,  
He'd say "when I poo,  
now what should you do?"  
Bag it and bin it  
...that's a clue!

*Walter Scottie*

We are always looking for volunteers to help us keep the village looking trim, so if you have an occasional hour to spare and don't mind getting a little bit grubby we would be pleased to hear from you.

**Please phone Malcolm on 721201.**

## Salhouse Tree Steward



The weather so far this summer has been pretty lousy, however there is a silver lining to the clouds that have shaded our summer – the rain. The rain has given all of the newly planted trees and hedgerows essential water to grow and establish. Everything is still so lush and green. Although, it is time for more sunshine now, please.

Take a closer look at the next oak tree you see, many of the trees have stalks that bear promise of thousands of little acorns, this is called a ‘mast year’ which happens once every 2 or 3 years for oak trees.

The Salhouse Community Tree Nursery has about 500 trees and shrubs ready for planting out this winter from November time. If you would like a list of what we have available, please email me. The nursery trees have been grown with the generous help of volunteers and are free for local and nearby residents.

I am searching for tree and hedge planting schemes for this winter. This could be a dozen trees, hundreds of trees or hundreds of metres of hedgerow. Smaller schemes can have stock from the Salhouse Community Tree Nursery and for projects exceeding 25m of hedgerow or 125 trees, Broadland District Council are offering Landowner Tree Planting Grants for materials. If you are thinking about planting trees I would be happy to help advise on species, layouts, designs and applying for grant funding. Together we can make Salhouse a greener, more beautiful place to live.

I am so pleased to see the trees we have planted throughout the village and beyond grow, with most on the recreation ground now taller than me. Result.

**James Cleaver**

**Salhouse Tree Steward**

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## FROM THE SALHOUSE BROAD RANGER

### Salhouse Broad and City College Norwich collaborate to improve access to nature at Salhouse Broad.



We are delighted to announce that the new Wherry Cut Boardwalk has been officially opened. It provides enhanced access to the natural environment of the Broad, allowing access alongside the wherry cut, where boat access is restricted. This exciting project was made possible through a successful collaboration with City College Norwich, whose tutors and students have given their time and skills over to the project.

The new boardwalk is a testament to the power of collaborative efforts and offered a valuable opportunity for students to gain hands-on experience in a real-world project. Despite facing setbacks, including unusually high-water levels and what felt like non-stop rain, the project has been completed successfully and was opened on Monday 24<sup>th</sup> June.

We are thrilled to open our new boardwalk and extend our heartfelt thanks to the dedicated students of City College Norwich. This project highlights the importance of educational partnerships in achieving mutual goals. We are excited to see visitors enjoy the improved access to our beautiful Broad.

Members of the public are invited to support the project by sponsoring a plank on the new boardwalk. Sponsors will have the opportunity to have their own engraved plaque installed on the plank, creating a lasting tribute to their contribution. This is a wonderful way to support the conservation efforts at Salhouse Broad while also becoming a part of its history.

For more information, please visit [www.salhousebroad.org.uk](http://www.salhousebroad.org.uk) or email [kelly@salhousebroad.org.uk](mailto:kelly@salhousebroad.org.uk)



**Kelly and The Ranger Team, Salhouse Broad**  
**01603 722232**



Since our last update regarding the building inspections, we have received costings from Greater Anglia approved building contractor, Ilford-based Capel CS. Based on these, we are aiming to raise around £20k to cover the first stage of work.

We continue to be in contact with SAVE Britain's Heritage and the Bittern Line Partnership and have supportive links with several other organisations too, including the communities team at Broadland District Council.

We have launched SSG on Broadland's Community at Heart Lottery (Use the QR code to take a look and buy your ticket, right). This is a way of supporting local causes whilst having a chance to win prizes of up to £25k.



Tickets cost £1 per week and 50% of this goes to SSG, with a further 10% going to other local good causes. .

We are delighted to be selling framed and unframed limited edition prints of a beautiful water colour painting of Salhouse Station by the renowned Norfolk artist Gerard Stamp. Please contact us for further details.



If you have special memories of the station, or perhaps you know someone who used the station when it was at the edge of the WW2 USAF base, please do share these reminiscences with us. If you have any fundraising suggestions, or would like to support in any other way, we'd love to hear from you. We're always happy for people to join our regular meetings, listed as events on the SSG Facebook page (search for Salhouse Station Group on Facebook).

If you would like to donate directly to the SSG, please scan the QR code, right. For more information about the project or to get in touch, please email:

[salhousestation@gmail.com](mailto:salhousestation@gmail.com).



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# SalFest 24

## Salhouse Summer Festival

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## *SALHOUSE COMMUNITY EVENTS TEAM*

**Salfest 2024** was scheduled for July 6th, drawing on the experience of the Coronation Fete in May 2023. If the degree of interest shown locally and on Facebook was any indication, we would have had a record turnout. The event was to include a football tournament, bouncy castles, craft stalls, food and drink vendors and a full programme of live music throughout the day.

Unfortunately, the weather had other ideas! The day before was beautiful, and so was the day after, but after continuous overnight rain, the forecast for 6th was horrendous, so the difficult decision was made at 8.30am on the morning of the event to cancel. Sure enough, the heavens opened at exactly 12.00 and continued more or less all day, so the decision was justified.



Many thanks to our programme sponsors, Minors & Brady estate agents of Hoveton, and for support from Salhouse Parish Council; Salhouse Rovers FC; Salhouse Jubilee Hall Committee; Salhouse Primary School; Woodbastwick Estate; PSH Environmental, Anglian Plant and corastudios.com of Salhouse for programme design. And finally, not forgetting our team of local volunteers!

The good news is that the event is being re-scheduled. **SALFEST 2024 WILL NOW TAKE PLACE ON SATURDAY 17TH AUGUST 2024 FROM 12.00 MIDDAY.**

**WE ARE STILL LOOKING FOR ADDITIONAL VOLUNTEERS.** If you think you can help in any way, either before or on the day, please contact Graham Johnston on: **salhousecommunityevents@gmail.com** or Facebook **@salhousecommunityevents**

See you there! With your support Salfest 2024 will be bigger and better than ever!!!!



## 1st Salhouse Beavers & Cubs

The Cubs have once again been very busy and made the most of the outdoors. We started in April with a visit to the Woodlands where we followed blind trails, blindfolded and guided by a fellow Cub Scout. We laid trails using tracking and followed signs.

The Cubs made an Insect Hotel within the woods, filling it with lots of tunnels and places for Insects to hide out.

The Beavers went back a few weeks later and looked for all the different insects which had made the hotel their home. A great activity for the environment.

The Beavers also earned their Gardener badge in May, finding the seeds of a marigold and separating the seeds to plant in seed trays. They did lots of weeding in the new flower beds at the front of the Jubilee Hall, which were repaired by our Scout Troop.

The Beavers planted and cared for the seedlings, watching them grow in the prepared beds. Several weeks later and watering supplied by Ralph's Grandad, the beds are now full of colourful Marigolds.

Just think of the work which the Beavers have done to brighten up the front of the Jubilee hall.

Both Beavers and Cubs had a Table Tennis Taster Session in June with the help from Margaret and the Table Tennis Group in the village; they all had a great session. Thank you

One of our duties as a Scout is to help others, so on the 11th May 2024 the 1<sup>st</sup> Salhouse Scout Group participated in a sponsored walk along the Bure Valley Railway, walking 9 miles from Wroxham to Aylsham then catching the train back to Wroxham.

We raised £875 for Caister Volunteer Lifeboat Service then were invited to the Lifeboat Station on the 26<sup>th</sup> June to present our very large cardboard cheque to CVLS and have a tour of the Museum and Lifeboats, which everyone thought was amazing. (see photo opposite)



On the 3<sup>rd</sup> July we took the Beavers and Cubs to the Beach at Walcott and after a chip supper, we spent a couple of hours building sand castles. A simple activity but lots of fun for all ages.

This Wednesday we have a Sailing taster session at Horning for the Cubs, while the Beavers enjoyed a nature session and a picnic at Salhouse Broad.

We have just returned from having a Group Camp at Eaton Vale Activity Centre and apart from the occasional heavy rainfall, it was a great camp, with lots of activities and enjoyed by all.

We took the younger Beavers, along with the Cubs and the Scouts who were really excited,. Their favorite activity was the Cave Bus, followed by Canoeing and then Tomahawk throwing.

Our final activity before we break for the summer is a skating session at Funkys with our own Cub, Max offering some skating tips to the other Cubs, being a great skater himself.

I am slowly offering spaces to the young people on our waiting lists, Beavers and Cubs which I hope I can clear over the summer holidays.

In the meantime I would like to thank you for your patience, if your youngster is still waiting for a space.

Unfortunately we still don't have a Beaver Leader at 1st Salhouse Scout Group and we have a Section Assistant with the Beavers, leaving us in October.



If anyone can help by attending our Beaver session on a regular basis, please contact me to arrange a chat, with no commitment at this stage. The Beaver Colony cannot run without helpers so finding helpers is very important.

Thank you for your time and remember, please give me a call or send an email if you could possibly help in anyway.

All enquiries for Beavers, Cubs and General Scouting to:

**Jackie Rose - Group Contact - 1<sup>st</sup> Salhouse Scout Group.**

Tel. 07780 604707

Email - [jackierose@talktalk.net](mailto:jackierose@talktalk.net)

## 2<sup>nd</sup> Salhouse Brownies



This term we have been working on our Innovate Skills Builder, the Brownies were encouraged to think differently and unlock their creative sides with ideas, experiments and problem solving with the following tasks this term:

**On the cards** - Are you a super sorter? Race to find out! The Brownies were challenged to use their imaginations to make their own version of Top Trumps, they then enjoyed playing them together.

**Speedy explorers** - Speed is of the essence in this zip wire challenge. The Brownies tried out different materials and techniques to create a zip line for their unit mascot. They had great fun seeing who could make the speediest carrier!

**Bounce, roll, throw** - Which materials and shapes will lead you to victory? The Brownies tackled some sporty challenges to discover how different balls behave and figure out which are right for the job, we used tennis, rugby, golf, ping pong, soft and footballs etc

**A work of art**- The Brownies unleashed their inner artist and created artworks to tell a story. They experimented with painting, drawing, sculpting and building to find out which techniques they liked best.

**Build it up** – For this challenge the Brownies had to work on their engineering skills to reach for the sky and build a skyscraper. Who would make the tallest sculpture with the best foundation structure?

We had a visit from Ed at Mini Monsters who brought giant snails, giant millipedes, hissing cockroaches, stick insects, tarantulas, bearded dragons and snakes for the Brownies to see and learn about their different needs. Those that were brave enough – not me!! - got to touch or hold most things!!

We had our Seaside Sleepover at the Girl Guiding HQ in Cromer, we were not as lucky with the weather as previous years but this did not stop us having fun!! We spent time at the Henry Blogg museum on the Saturday and completed a treasure trail around Cromer ending at No 1's for a fish and chip lunch! We then spent the afternoon on the beach making sandcastles and paddling/jumping the waves finishing off with an ice cream before heading back to the hall for supper and games, I believe we had done around 20,000 steps!!! Needless to say, everyone was asleep a lot earlier than the night before!!!

We look forward to our next sleepover at Hautbois on bonfire weekend where we will also get to enjoy the fireworks!

We will be ending this term with a canoeing session in Wroxham, no doubt we will end up wet even if it doesn't rain!!

**If you would like to find more out about joining Brownies, then please contact Natalie on 07500 060818 or email [2ndsalhousebrownies@gmail.com](mailto:2ndsalhousebrownies@gmail.com) or you can register your interest at**

## Salhouse Rainbows



Salhouse Rainbows have had an exciting few months, making the most of the light evenings and warmer weather to do plenty of outdoor activities. We've been doing our 'Explore' badge, and you may have seen the Rainbows scouting out the village and developing their own maps. They have also been exploring and pond dipping at Salhouse Broad and have had several evenings at Hautbois Activity Centre, doing the zip wire, soft archery, grass sledging, rock climbing and shelter building. The Rainbows are an adventurous and mostly fearless bunch, always up for a new challenge and for getting as muddy as possible

**Salhouse Rainbows meet on a Tuesday at the Village Hall from 5.30-6.30.**



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# **Salhouse Jubilee Hall**

## **'At the Heart of your Community'**



Just a couple of bits to update you all on in this issue of Salhouse Saga.

Following the success of our first quiz night earlier this year, we can now confirm that we will be hosting our second Quiz Night on Friday 11<sup>th</sup> October. Details are the same as last time with doors opening at 7.30pm and the quiz starting at 8pm. Tickets are £5 per person with tables of up to a maximum of 6 people. Bring your own drinks and nibbles. Spaces are tight, so if you would like tickets, please email [jubileevillagehallsalhouse@gmail.com](mailto:jubileevillagehallsalhouse@gmail.com) with your name and how many tickets you would like. We look forward to seeing you there.

I know it is only just July, but thinking ahead to Christmas we are looking to do things differently this year. We plan to hold our Christmas Fayre a week earlier than normal, and in the afternoon. So this year our Christmas Fayre will be on Saturday 30<sup>th</sup> November from 2 to 4pm. The Christmas Fayre will be our normal selection of craft stalls, games and teas/coffees. We are also planning to have a Christmas Tree outside the front of the hall and to mark the occasion we will follow the Christmas Fayre with Carols and switching on of the lights from 4pm. Please put this new date in your diaries and come and join us for the Fayre and afterwards outside for Carols. We will share more details on social media and posters around the village nearer the time.

Now a plug for the hall. Our bookings are down, especially for regular users. So if you are looking for somewhere to host a regular group, class, or just looking for somewhere to host a one off event, please consider using our hall. We currently have Friday evenings free and many daytime slots. If you are interested, please call Pat on the number below to book your event or visit our new website to check out the hall and send a booking enquiry. We will be happy to host you - [www.jubileevillagehallsalhouse.com](http://www.jubileevillagehallsalhouse.com)

### **Martin Carney**

Chairman – Salhouse Village Hall Committee

Tel: 07808 097924

**If you would like to book the hall, then please call Pat, tel: 01603 720466  
(Mon-Fri 9am – 6pm, Sat: 9am – 12noon)**



## Interesting Times Ahead



There is only one topic of conversation at the moment....

### **The election result**

Well, wow the results are in and we have a new government, the most widely predicted result of recent elections.

For those working within the property sector and for anyone selling or buying, the crucial issue is how will this affect the UK property market?

Of course, any new government's policies can also influence the property market. We could see measures to increase housing supply (which could put downward pressure on prices) or help first-time buyers get onto the property ladder (which could boost demand).

So, what do we know so far? Angela Rayner takes the position of Secretary of State for Levelling Up, Housing and Communities as well as Deputy Prime Minister; Matthew Pennycook is Minister of State at the Department for Levelling Up, Housing and Communities.

New Chancellor Rachel Reeves is likely to be focused on economic growth and outlined the urgent action to fix the planning system and steps to build the infrastructure needed. Her background interestingly includes having worked at the Bank of England and HBOS, she was educated at New College, Oxford and the LSE and a chess champion at the age of fourteen.

Having reviewed some of the key points within their manifesto, the new Government wants to build 1.5 million homes over the next five years and a new generation of new towns. The National Planning Policy Framework will be reformed with a consultation on a new growth-focused approach to the planning system before the end of the month, including restoring mandatory housing targets and the UK Government will create a new taskforce to accelerate stalled housing sites across the country.



Labour also wants to drive economic stability by keeping mortgage rates as low as possible, building capacity within HMRC, boosting their powers, and replacing the business rates tax system. It is also expected that they will review Universal Credit, increase the number of socially rented homes and support first-time buyers by introducing a permanent, comprehensive mortgage guarantee scheme.

Regulation of the private rented sector will be a focus and likely to be overhauled, improving building safety, and more protections for leaseholders. The Warm Homes Plan will create grants and loans for energy efficiency improvements in people's homes.

Certainly, affordability remains the biggest barrier for first-time buyers. The higher interest rates of recent years have introduced a new normal in terms of mortgage rates. Clearly the new Government must be careful not to risk the downward trend of inflation which, if maintained, will eventually lead to a drop in rates and subsequently a boost to the housing market.

At the time of writing this piece, we await the King's Speech, which will be on July 17th, to see what the focus will be on.

It remains to be seen how this will affect the local Norfolk property market, but hopefully in my next article I will be able to give you a clearer picture of how the first few months will have gone.

If you would like to discuss any elements of this article or have questions relating to a property that you would like help with, whether you are buying or selling then please do not hesitate to contact us on 01603 432000 or email me on [paul@mortonreeves.co.uk](mailto:paul@mortonreeves.co.uk)

Find out more about us at <https://www.mortonreeves.co.uk/> on which we even have an online property valuation tool that will give you an approximate indication in 20 seconds for your home.

We also have several online video tips and guides for various aspects of selling or buying a property which have proved useful to the first-time buyer or indeed the seasoned buyer or seller.

**Paul Sullivan MNAEA Director**





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*"I've always found over the years, that by taking time to listen and really understand what my clients want, I can help them through their challenging journey."* Paul Sullivan MNAEA

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# WROXHAM AND HOVETON LIONS



I took over the reins from President Mick Holden at our afternoon tea handover at the ***Bridgestones of Potter Café/Restaurant*** on Sat 29<sup>th</sup> June, and thanked Lion Mike for the effort he put into his role as the head of the Club. We would like to thank James and his staff for a super afternoon tea. The service and food were, as always, excellent.

The club attended the North Walsham Family Fun Day on the 30<sup>th</sup> June. Our thanks go to the organisers for a well-run event and those members of the public who had a go at our Tombola and Football Game. We look forward to attending next year.

Please make a note for your diary: ***“Sun Aug 4<sup>th</sup>”*** when we’ll be holding our Lions Charity Village Fete. Fun for all the family and an enjoyable day out, starting at 10am until 4pm. All our proceeds on the day, after disbursements, will be used to help local, national and international charities and good causes.

We are always on the lookout for ***good quality Bric a Brac or clean clothing for our charity shop***, so please bring them along or we can collect – just ring our shop on ***01603 783737***. Would you like to volunteer to help in the shop? If so, drop into the shop and talk to a member of staff.

NOTE for your Diary: Wroxham and Hoveton Lions Charter Lunch, Sunday 19<sup>th</sup> January 2025 at the Old Rectory Hotel Crostwick. More detail to follow nearer the Time.

*Do you fancy getting involved and enjoying being part of the world’s largest Service Organisation as a member or a friend?*

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***Just contact our Membership Chairperson, Lydia Spight, using the ‘Learn More’ link on our website [www.wroxhamandhovetonlions.org](http://www.wroxhamandhovetonlions.org)***

A winning ticket in the Community at Heart Lottery is potentially a week away with the chance of winning £25,000; also each ticket will be entered into the monthly “Super Draw”. We thank you for your continued support.

If you haven't signed up yet visit our page <https://www.communityatheartlottery.com/support/wroxham-and-hoveton-lions-club>.

You can follow us on Facebook:

<https://www.facebook.com/wroxhamandhovetonlions>

or our website <https://wroxhamandhovetonlions.org>

We will always look forward to seeing or hearing from you.

***Lion Ron Hill, President.***

## AFTERNOON TEA AND MARDLE



The Mardle would like to welcome any newly retired people or newcomers to the village. We meet on the second Wednesday of the month at Jubilee Hall, the time is between 2 and 4 p.m.

We have a cup of tea or coffee, a slice of cake or sausage roll and a natter. Colin is the resident quiz master and he is always fair trying to decipher the answers.

There is also a raffle and if you ask nicely, a second cup of tea.

We look forward to you joining us, any queries

Please feel free to call Julie 01603 720049.

### SUMMER / AUTUMN 2024 DATES:

August 14th

*No Mardle in September*

October 9th

November 13th

## Salhouse and District Gardening Club

Our Summer programme is now in full swing. Following a series of inspiring and interesting talks, our first evening visit was to the Old Rectory at Catfield. After a stroll around these typical manor house gardens and grounds we were able to see and feed some of the menagerie of animals. This was followed by superb refreshments which we could enjoy in the gardens or the house itself.



Our day trip was a double visit – first to Henstead Exotic Garden where we were given a guided tour by the owner and designer. Unlike many gardens that were made years ago, this garden was made from scratch some 10 years ago. This is hard to believe as the garden is quite voluptuous and the plants huge! At times we felt that we were in the middle of a jungle in the Far East! Coffee, tea and cake completed the visit.

We then moved on to Somerleyton Hall Garden. The centrepiece of the gardens at the west front of the house is the Nesfield Parterre, where the great equatorial sundial is encircled by the signs of the zodiac.

The charming sunken white garden to the north of the hall is set within the footprint of the former winter garden, a small part of which survives. This garden is a haven for bees and butterflies and must be a wonderful setting for the wedding photos taken there.

In the former walled kitchen garden there are flower, shrub, hosta, tree fern and herbaceous borders providing colour throughout the seasons.

There is a beautiful rose garden, currently being renovated and overseen by Lady Somerleyton. These rose beds have been planted up with Old English roses. Arches and obelisks complete the garden creating an area full of colour and scent throughout the summer months.

The maze was planted back in 1846 and is one of the finest yew hedge mazes in Britain. It took a little time to get to the centre and out again but, fortunately, we did not lose any of our members!

It was a splendid day out and despite the awful weather leading up to the day, we were blessed with sunshine and no rain!

Our final trip this Summer is an evening visit in July to the garden of Brick Kiln House at Shotesham. This is a two-acre country garden with a large terrace, lawns, colourful herbaceous borders and a contemporary designed pergola garden.

In August we return to meetings at Woodbastwick Village Hall with a talk by Rosie Ward about a year in a market garden.

For more information about the Gardening Club please contact me on 01603 720165.

**Nick Taylor - Chairman**





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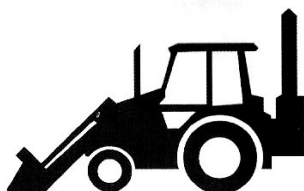
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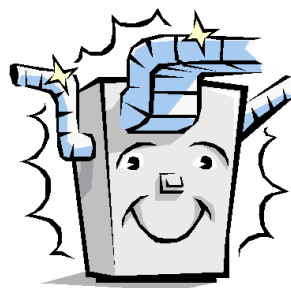
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Email - **spantonmichael1@gmail.com**

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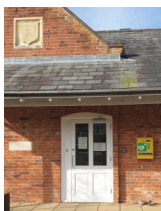


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## **EMERGENCY DEFIBRILLATOR (AED)** **INSTRUCTIONS FOR USE**

In the event of a suspected heart attack / chest pains, the following procedure should be used:

1. Call **999** and ask for the Ambulance Service
2. Tell the Operator the telephone number from where you are calling, and they will tell you the location of the nearest Cabinet, as follows:



Jubilee Hall, Lower  
Street Salhouse  
NR13 6RE



The Green,  
Lower Street,  
Salhouse  
NR13 6RY



Station Road  
Salhouse  
NR13 6NX



The Recreation Ground  
Thieves Lane, Salhouse  
NR13 6RQ

3. The Operator will ask a series of questions which you need to answer to the best of your ability. This will only take a few seconds and will not delay the Ambulance.
4. THE OPERATOR WILL THEN PROVIDE YOU WITH THE ACCESS CODE TO OPEN THE CABINET
5. The Defibrillator and Resuscitation Pack should be removed from the cabinet and the Ambulance Service will stay on the line and give verbal assistance if required.
6. Switch on the Defibrillator and IT WILL GIVE YOU VERBAL INSTRUCTIONS FOR USE.
7. The Defibrillator cannot be used incorrectly as it will only deliver a shock to the patient if it detects it is necessary.
8. There are scissors in the Resuscitation Pack to assist with the removal of clothing and a pocket rescue breath mask to carry out CPR.

### **REMEMBER – Think SAFETY**

Before pushing the button, make sure everyone is clear and shout:

**“STAND CLEAR - SHOCKING”**

## Speedwatch Seeks Volunteers



Norfolk Police aim to reduce accidents and deaths on our roads and in doing so, in conjunction with the Safety Camera Partnership, have empowered Community Speedwatch. This service enables villages to conduct formalised monitoring of vehicle speeds to maintain road safety.

Salhouse has participated in this service since 2008 by conducting observations at approved locations within the parish. This is based on a group of trained volunteers observing traffic at random times to monitor traffic speeds and record those over prescribed limits.

With this service we hope to keep our village roads a safer place for all.

To achieve an effective service we need additional volunteers and would ask that if you can spare an hour or so per month to assist please contact

**Malcolm Prestwood on 01603 721110 or Steve Piper on 01603 720993**

### KEV'S BRAINBUSTER QUIZ –

#### ANSWERS

##### **Recent News**

- 1 Wildcat
- 2 China
- 3 Banana milkshake
- 4 Dr Michael Mosely
- 5 Princess Anne

##### **Television**

- 1 7 chairs
- 2 Hercules
- 3 19
- 4 David Vine
- 5 Homes Under the Hammer

##### **Sport**

- 1 Johannes Thorup
- 2 Man utd 2 Man city 1
- 3 US Masters golf
- 4 Putney to Mortlake
- 5 2 x wimbledon and 1 x US open

##### **Films**

- 1 Rose and Jack
- 2 27
- 3 Maximus
- 4 Halle Berry
- 5 New Zealand

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## **NEED HELP? Useful Contacts List:**

**Broadland District Council Help Hub** - for help with obtaining basic essentials, money worries, isolation or loneliness, relationships, domestic issues - 01603 430431 also [helphub@southnorfolkandbroadland.gov.uk](mailto:helphub@southnorfolkandbroadland.gov.uk)

**Salhouse United Charities**—Financial assistance available to Salhouse residents in crisis. Call 01603 721201 in confidence.

**Business Support** - to access business support and funding - 01603 980441 or [business@southnorfolkandbroadland.gov.uk](mailto:business@southnorfolkandbroadland.gov.uk)

**Carers Matters Norfolk** - <https://carersmatternorfolk.org.uk> - 0800 083 1148 (Mon-Fri 9am to 5pm). For those with caring responsibilities.

**Age UK Norfolk** - telephone befriending and support for older people and their carers. 01603 787 111 - or phone advice line on 0300 500 1217 (Monday-Friday 10am to 4pm) or email [advice@ageuknorfolk.org.uk](mailto:advice@ageuknorfolk.org.uk) . See website: [ageuk.org.uk/norfolk](http://ageuk.org.uk/norfolk)

**Samaritans** - there for you, whatever you're going through. 24hrs a day, 365 days a year. Call free on 116 123, text SHOUT to 85258 or email [jo@samaritans.org](mailto:jo@samaritans.org) to receive a response within 24 hours. Letter writing and self-help app service also available.

**You Are Not Alone (YANA)** - support for those in farming or rural businesses. Call helpline 0300 323 0400 for confidential support or email [help-line@yanahelp.org](mailto:help-line@yanahelp.org) . See also <https://www.yanahelp.org>

**Checkatrade** - for a trusted tradesperson - <https://www.checkatrade.com>

**MIND** - mental health support - 0300 123 3393 or email [info@mind.org.uk](mailto:info@mind.org.uk) . Calls charged at local rates. Info line provides an information and signposting service. Open 9am to 6pm, Monday to Friday (except for bank holidays).

**SANE** - support for people with mental health problems, their families and carers. Call 0300 304 7000 4pm to 10pm, 365 days a year. See [sane.org.uk](http://sane.org.uk) for Support Forum and online non-urgent contact form.

**BEAT** eating disorders (Norwich-based) — see [www.beateatingdisorders.org.uk](http://www.beateatingdisorders.org.uk) and search local support - helpline: 0808 801 0677. Email [help@beateatingdisorders.org.uk](mailto:help@beateatingdisorders.org.uk)

**BullyingUK** - support against bullying for children and adults - Freephone 0300 323 0169 / telephone 0845 225 5787 or [nationalbullyinghelp-line.co.uk](http://nationalbullyinghelp-line.co.uk)

**Switchboard LGBT+ Helpline** - 0800 0119 100 - 10:00 - 22:00 every day or email [hello@switchboard.lgbt](mailto:hello@switchboard.lgbt) (reply within 5 days). Webchat available daytimes.

**The Bridge Plus+** - support for black and minority ethnic (BME) communities in Norfolk and those who have English as an additional language - 01603 617076 / text 07933 765 862 Facebook: thebridgeplus

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